



Registration Form
on page 37 or register at
www.victoryny.org

Come see Patrick Johnson as Elvis 6/16/11 at Mead Square Park

Special Events

VICTOR GARDEN CLUB PLANT SALE

The sale will feature perennials, ground covers and herbs grown by members or donated by community members. The sale proceeds will benefit civic beautification projects in the Town and Village of Victor. Any questions call 924-2637 the Victor Library.

LOCATION: Victor Free Library
DAY/DATE: Saturday, 5/7/11
TIME: 9:00-11:00 am

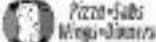
SID PARTINGTON MEMORIAL CONCERT SERIES



Celebrate the summer months with your family and friends in Mead Square Park with an evening concert from 7:00 - 9:00 pm. Bring your own blanket or lawn chairs and share some good times and good music!

- 6/9/11 Victor Community Band and Chorus *sponsored by*
"Stars and Stripes Favorites" 
- 6/16/11 Patrick Johnson
"Elvis is in the building" *sponsored by* 
- 6/23/11 The GhostRiders
"Great Country Music" *sponsored by* 
- 6/30/11 Rhythm Aces
"Great Music for all eras"
- Stay for the movie "How to Train Your Dragon" afterward**
- 7/7/11 Soul Express *sponsored by* 
"A great musical experience"
- 7/14/11 Jack Allen Big Band
"Outstanding Big Band Sounds"

MOVIES AT MEAD SQUARE PARK

Come on out to see a movie in the great outdoors at Mead Square Park. A large screen will be set up after the concert. Bring a blanket or a lawn chair and enjoy the movie. The movie will be family themed so bring the whole family. Sorry no pets.

LOCATION: Mead Square Park, Main Street, Victor
DAY/DATE: Thursday, 6/30/11 "How to Train Your Dragon"
sponsored by 

Thursday, 7/28/11 "The Original Muppet Movie,"
sponsored by  & 
TIME: 9:00 pm
COST: FREE

BIKE RODEO

Before you get out on the bike for that springtime ride, make sure that you and your bike are in safe condition for that two-wheeled adventure. Activities will include a bicycle safety course and bike inspection. Prizes for everyone! Co-sponsored by the Kiwanis Club of Victor and Farmington, Victor Parks and Recreation, Finger Lakes Casino and Racetrack, and Trailblazers Bike and Sport.

LOCATION: Mead Square Park
AGES: Grades K - 5
FEE: Free
DAY/DATE: Saturday, 6/11/11
TIME: 9:30 am - Noon
PROGRAM #: 13811

Special Events

NATIONAL TRAILS DAY

Saturday, 6/4/11, 8:00 am - Noon

Hike the trails around Victor and celebrate our extensive trail system! Start your trip off with a light breakfast at the Victor campus of Finger Lakes Community College. Enjoy a morning of fun and exercise on the many wonderful trails in Victor with your family and friends. Sponsored by Victor Hiking Trails, Inc. For more event information, please visit to the Victor Hiking Trails website at www.victorhikingtrails.org or call (585) 234-8226.

SUMMER STAGE 2011 - DISNEY'S MULAN

Summer Stage is back this summer with the high energy and fun Disney's Mulan. In this performing arts camp you'll be given instruction in acting, singing and dancing from experienced performance professionals and instructors. Aspiring stars of all skill levels are encouraged and welcomed! You'll find skills you never knew you had and make friends you'll never want to lose. Production team members John Barthelmes, Kaitlyn Zorn and guest artists will provide direction and instruction.

Performances: Fri. 7/15 - 7:30 pm, Sat. 7/16 - 7:30 pm and

Sun. 7/17 - 2 pm (Performances will be at the VEC Auditorium)

LOCATION: Victor Parks and Recreation

Performances: Victor Education Center Auditorium

AGES: 4th - 9th grade

INSTRUCTOR: John Barthelmes and Kaitlyn Zorn

FEE: \$215/ \$225 nonresident - until June 1st

\$240/ \$250 nonresident - after June 1st

DATES: 6/27 - 7/17/11

DAYS: Monday through Thursday

TIMES: 6:00 - 9:00 pm

PROGRAM #: 15511A

SUMMER STAGE, JR. 2011 - DISNEY'S MULAN

Join the singing, acting and dancing fun this summer with an exciting expansion of this popular theatre and performing arts camp. In this camp you'll be given instruction in acting, singing and dancing as well as technical theatre as you work towards a final public performance of the musical "Disney's Mulan" with the cast of the Summer Stage program. Aspiring stars of all skill levels are encouraged and welcomed! You'll find skills you never knew you had and make friends you'll never want to lose. Production team members John Barthelmes, Kaitlyn Zorn and guest artists will provide direction and instruction.

Performances: Fri. 7/15 - 7:30 pm, Sat. 7/16 - 7:30 pm and

Sun. 7/17 - 2pm (Performances will be at the VEC Auditorium)

LOCATION: Victor Parks and Recreation

Performances: Victor Education Center, Auditorium

AGES: K - 3rd grade

INSTRUCTOR: John Barthelmes and Kaitlyn Zorn

FEE: \$85 resident/\$95 nonresident - until 6/1/11

\$100 resident/\$110 nonresident - after 6/1/11

DATES: 6/27 - 7/17/11

DAYS: Monday - Thursday (extended rehearsals during the last week of the program)

TIMES: 5:00 - 6:00 pm

PROGRAM #: 15511B

2ND ANNUAL 'GONE FISHING' YOUTH FISHING DERBY

Children come down to Victor Municipal Park for our 2nd Annual Fishing Derby. The day will consist of some instruction from Canandaigua Trout Unlimited. Also all participants will receive prizes and the winners will get a trophy. In addition, lunch will be provided. Please bring your fishing pole. Parents must accompany children.

LOCATION: Victor Municipal Park, Brace Road

AGES: Children ages 5 - 12

DAY/DATE: Saturday, 6/25/11

TIME: 9:00 am - 12:00 noon

COST: FREE

NOTE: Please note event limited to first 30 children.

PROGRAM#: 13611

6TH ANNUAL FAT TIRE MOUNTAIN BIKE FESTIVAL

The event will feature a cross-country mountain bike race for beginner, sport and expert classes. Demo bikes will be available for non-competitive use from area bicycle shops. Additional activities include a youth mountain bike race, family activities, and food. Come early to stake out a prime location in tent city and enjoy the park all day! Race registration can be completed on-line by visiting www.victoryny.org. Please arrive at least 45 minutes prior to the event to pick up your race packet. For more event information, please visit www.mygroc.com.

LOCATION: Dryer Road Park

AGES: All ages welcome

FEE: \$20/\$25 nonresident

DAY/DATE/TIME: Saturday, 7/16/11, 7:00 a.m. - 2:00 p.m.

PROGRAM #: 2011-Fat Tire



"DRYER IN" MOVIE AND FAMILY CAMPOUT

Come down to Dryer Road Park for "Shrek, Forever After" on the huge movie screen. Enjoy a movie and popcorn and slush puppies under the stars, inflatables for the children, then stay for a family campout with Coach Steve. After the movie have fun singing campfire songs and making s'mores. If you plan on camping please register so we can assign you a spot in the park. A small breakfast will be provided when you wake up. Sorry no pets allowed. In case of inclement weather, call 742-0140.

sponsored by

LOCATION: Dryer Road Park

AGES: For all ages

DAY/DATE: Saturday & Sunday, 8/20 & 8/21/11

TIME: 7:00 pm - 9:00 am

FEE: FREE

PROGRAM #: 17611



Special & Family Programs



VICTORFEST 2011

"Victorfest 2011" is sure to have a little bit or a lot of something for everyone! Bring your family and join friends for an evening of music featuring area bands and a "Taste of Victor" featuring area restaurants. Enjoy a table "table of sweets" from our own Victor Hiking Trails. The night will be capped off by a fireworks display at 9:30 pm. Say goodbye to summer and hello to fall at Victorfest 2011.

LOCATION: Firemans Field in the Village of Victor

DAY/DATE: Saturday, 9/10/11

TIME: 5:00 - 10:00 pm

sponsored by



TALK ALONG THE TRAILS - HAPPY TRAILS TO YOU!

Victor Hiking Trails, Inc. and the Town of Victor Parks and Recreation Dept. are offering a monthly series to anyone interested beginning May 7, 2011 through October 2011. Each month an environmental or recreational topic related to VHT trails will be presented at a different trail.

Some of the topics may include, but are not limited to, wildlife (e.g. mammals, birds, butterflies), flora and fauna, railroad history and hiking equipment. Following a presentation, participants may hike the related trail. Young families and senior citizens will specifically be considered for several of the dates, but are welcome at all. Registration required. Please call with any questions 742-0140. May 7, Saturday: Topic: Geocaching - bring your GPS; 1st place prize - 1-year membership to VHT.

LOCATION: Victor Municipal Park – Place and Topics: Announced prior to the Sat. on www.victorhikingtrails.org or call 742-0140.

DATES: 3rd Saturday of each month EXCEPT May 7 (1st Sat.).

DONATION: \$3/person, \$5/family OR donate 1 hour to assist in trail maintenance. EXCEPTION: May - \$3/\$5 only.

TIME: 10:00 am

PROGRAM #: 17711

Family Programs

INDOOR GARAGE SALE

Time to clean out the old and make space for the new. Your family's extras, gently used items are "finds" and great deals for someone else! Bring your goods and set up a table. Join us for a multi-family garage sale at Parks & Recreation. Have fun buying/selling with your neighbors! Remember you can get more for those old toys, household items, etc. Register and leave the advertising to us! You'll get a 6' table in a 8' x 10' space to set your things. We'll make arrangements for the pick-up of the donated goods to a service agency following the sale, so you don't have to take them back home again! Sign up now to sell!!!! Spaces go quickly. No entry charge to shop!!!!!! Set up time 9 - 11 am. **REGISTER NOW FOR A SPACE.**

LOCATION: Victor Parks and Recreation

AGES: All

INSTRUCTOR: Sponsored by Dance Arts with Judy Gillotte Drew

FEE: \$30/\$35 nonresident

DAYS/ DATES: Saturday, 4/30/11

TIMES: 11:00 am - 5:00 pm

PROGRAM#: 73811

Resident Registration Begins: May 2, 2011.

Nonresident Registration Begins: May 16, 2011

THEME BIRTHDAY PARTIES

Theme and dance parties personally designed for your child! Ideas: Sock Hop, Rock-N-Roll, Ballerina, Princess, Super Heroes or various characters. Masks, costumes, and props available for use. For more information call Judy at 924-8168.



LOCATION: Victor Parks and Recreation

AGES: All

INSTRUCTOR: Judy Gillotte Drew

FEE: \$125/\$130 nonresident up to 10 children (including the birthday child), (additional children \$10 each)
\$145/\$150 nonresident up to 10 children (including the birthday child), (additional children \$10 each) includes sheet pizza and 2 - 2 liters of pop

DAYS/DATES: Various, call for availability.

TIMES: Various

PROGRAM#: 2011-2 Theme

FAMILY CONCERTS

Families are welcome to join our day camp participants during our Tuesday Summer Concert Series at the Victor Intermediate Auditorium at 10:30am.

DATES: 7/12/11 Mike Kornrich

7/19/11 Magician

7/26/11 Bart A & Kevin - Members of Young Audiences of Rochester

8/2/11 Juggling

Leisure Lines

Leisure Lines from the Director of Parks and Recreation...

What can you look for this spring and summer from the Victor Department of Parks and Recreation? How about a “new” four season lodge at Victor Municipal Park, a much anticipated pedestrian and bicycle bridge over Irondequoit Creek on the Auburn Trail in Fishers, and a host of exciting recreation programs!

This spring, we will begin construction on a “new” lodge at Victor Municipal Park. This 2,000 square foot enclosed building will include bathrooms, a kitchen, and a great room with a fireplace. This architecturally unique facility will be perfect for your next party or family event! We anticipate the lodge being completed in September and available for reservations beginning this fall.

The Town will also begin construction on the Auburn Trail Extension project this season, which includes the replacement of a collapsed stone arch culvert over Irondequoit Creek with a pedestrian and bicycle bridge. This formerly impassible section of trail will now connect trail users from Victor and Fishers with their neighbors to the north in the Towns of Perinton and Pittsford. We anticipate that the trail will be closed for a period of time in June and July while construction is taking place. We ask for your patience during this period and promise that the result will create a better trail experience for everyone!

In this brochure, you will find recreation program information including our New York State Certified Day Camp program, American Red Cross Swim lessons, trips for our Senior Citizens and wonderful array of special events; including the 2nd Annual “Gone Fishing Derby”, the Sid Partington Concert-in-the-Park series, the Victor Fat Tire Mountain Bike Festival and movies in the park. As we have in the past, we will round out summer with VictorFest on September 10th!

The Department of Parks and Recreation is ready to meet all your leisure needs, so get your summer shine on and we’ll see you soon!

Sincerely,
Brian Emelson, CPRP, Director of Parks and Recreation



Rt. 444, Auburn Trail Plaza



Butler Cottage at MaryFrancis Bluebird Haven



Seniors Trip



Concert in Mead Square Park

Summer Camp Programs

Day camp consists of a morning meeting, arts and crafts, game room, activity periods (indoor and outdoor), field trips (K-8), concerts, story/video time and end of day meeting.

Victor Parks & Recreation is a Department of Health Certified Day Camp. All Participants need to fill out a medical form and doctor's immunization and return it 2 weeks prior to first day of camp. To start on Tuesday 7/5/11 the form must be in by 6/21/11!!

Failure will result in the denial of service until the issue is fixed. Each parent should review their state licensing rules trifold.

Please note in additional information if you want your child placed in a class with his/her friend, please don't put more than 2 children down.

We can't guarantee that they will be in their class, but we will do our best. We will not accept requests after Tuesday, 6/21/11 (no exceptions).

Those interested in 7-9 am and/or 4-6 pm care, The YMCA offers this option on site for more information call 742-4940. This is not a Victor Parks & Recreation Program!

K-2 HALF DAY CAMP

This program is designed for Victor families who want a little something for younger children but not a full day program. Arts and crafts, group games, and special entertainment make this a winning program.

LOCATION: VCS Intermediate School

AGES: Children who have completed K or 1st grade

INSTRUCTOR: VPR Staff

FEE: \$125/\$190 nonresident, **register after 6/17,**
\$140/\$205 nonresident

DATES: 7/5 - 8/5/11 Note camp starts on Tuesday!

DAYS: Monday - Friday

TIME: 9:00 am - 12:00 noon

PROGRAM #: 14211A

K-2 FULL DAY CAMP

This full day program will engage children in age appropriate activities throughout the day. An after lunch quiet time is included each day. Special entertainers will be brought to the day camp. There will be three field trips for this age group. For the safety of our children, VPR T-shirts must be worn for all field trips. All children attending camp on the day of a field trip will go on the field trip. Field Trip day is usually Thursdays. Field trips will include but not limited to Strong Museum, RMSC, Seneca Park Zoo. Schedule TBD.

LOCATION: VCS Intermediate School

AGES: Children who have completed K, 1st grade or 2nd grade

INSTRUCTOR: VPR Staff

FEE: \$245/\$355 nonresident, **Register after 6/17**
\$270/\$380 nonresident

DATES: 7/5 - 8/5/11 Note: camp starts on a Tuesday!

DAYS: Monday - Friday

TIMES: 9:00 - 4:00 pm

PROGRAM #: 14311

Please note in additional information if you want your child placed in a class with his/her friend, please don't put more than 2 children down. We can't guarantee that they will be in their class, but we will do our best. We will not accept requests after you registered (no exceptions).

3-5'S DAY CAMP

Third through fifth graders love to play games outside. This camp is sensitive to children's physical and social needs. Five field trips are included in the price. Children will need to wear their VPR T-shirts on field trip days. All children attending camp on the day of the field trip will go on the field trip. Field trip day is usually Tuesdays. Field trips will include/ but not limited to Movie, Minnehan's, Sea Breeze, Kershaw Park and Roseland bowl. Schedule TBD.

LOCATION: VCS Intermediate School

AGES: Children who have completed 3rd, 4th and 5th grade

INSTRUCTOR: VPR Staff

FEE: \$270/\$385 nonresident,
if you register after 6/17 \$300/\$415 nonresident

DATES: 7/5 - 8/5/11, Camp starts on Tuesday, 7/5/11

DAYS: Monday - Friday

TIMES: 9:00 am - 4:00 pm

PROGRAM #: 14511

6-8TH DAY CAMP: TREKKERS

Last year's success of this program proved that Trekkers is popular. Eight field trips are included in the price of this program. Children will need to wear their VPR T-shirts on field trip days. All children attending camp on the day of a field trip will go on the field trip. Participants will be actively involved in structuring this program. Our skilled staff will provide appropriate supervision to keep everyone safe and happy. Field trip days are Mondays & Wednesdays with the Dryer Road Campout being Friday 7/22/11. It starts at 7pm and finishes Saturday at 9 am. Field trips will include but not limited to Roseland Bowl, Minnehan's, Sea Breeze, Kershaw Park, Movie, Darien Lake, Bills Training Camp and Campout. Schedule TBD.

LOCATION: VCS Intermediate School

AGES: Child must have completed 6th, 7th or 8th grade

INSTRUCTOR: VPR Staff

FEE: \$310/\$425 nonresident,
if you register after 6/17 \$340/\$455 nonresident

DATES: 7/5 - 8/5/11 Note: camp starts on a Tuesday!

DAYS: Monday - Friday

TIMES: 9:00 - 4:00 pm,

PROGRAM #: 14611

Resident Registration Begins: May 2, 2011. Nonresident Registration Begins: May 16, 2011

REGISTRATION FEE FOR SUMMER DAY CAMP INCREASES AFTER 6/17/11.

Aquatic Programs

SUMMER AQUATIC PROGRAMS

Victor Parks and Recreation Swim Programs provide a fun and friendly atmosphere for children to learn water adjustment and safety skills and to be introduced to basic and advanced swimming strokes. Our Red Cross certified staff is anxious to teach your child to swim and be safe around water.

SWIM LESSONS

LOCATION: VCS Swimming Pool, entrance located on the lower level in the rear of the High School.

INSTRUCTOR: VPR Certified Aquatics Staff

FEE: \$55 resident/\$65 nonresident

DATES: 1st Session: 7/11- 7/22/11

2nd Session: 7/25 - 8/5/11

DAYS: Monday - Friday (Parent watching days: the final Friday of each session)

TIMES: Every hour on the hour. See level for lesson times.

SWIM LESSON PROGRAM #'S					
SESSION 1- 7/11 - 7/22/11					
	8:00 am	9:00 am	10:00 am	11:00 am	1:00 pm
Level 1	1108-11	1109-11	1110-11	1111-11	1101-11
Level 2	1208-11	1209-11	1210-11	1211-11	1201-11
Level 3	1308-11	1309-11	1310-11	1311-11	1301-11
Level 4	1408-11	1409-11	1410-11	1411-11	1401-11
Level 5	1508-11	1509-11	1510-11	1511-11	1501-11
Level 6	1608-11	1609-11	1610-11	1611-11	1601-11
SESSION 2- 7/25 - 8/5/11					
	8:00 am	9:00 am	10:00 am	11:00 am	1:00 pm
Level 1	2108-11	2109-11	2110-11	2111-11	2101-11
Level 2	2208-11	2209-11	2210-11	2211-11	2201-11
Level 3	2308-11	2309-11	2310-11	2311-11	2301-11
Level 4	2408-11	2409-11	2410-11	2411-11	2401-11
Level 5	2508-11	2509-11	2510-11	2511-11	2501-11
Level 6	2608-11	2609-11	2610-11	2611-11	2601-11

SWIM LESSONS LEVEL DESCRIPTIONS

Beginner 1 (Level 1): This group is primarily made up of 6 year olds and those who are working on putting their face in the water, holding their breath underwater or floating on their front or back.

Beginner 2 (Level 2): Children in this group can float a little and feel comfortable with their faces in the water, but are still working on making progress through the water.

Beginner 3 (Level 3): This group can swim in the shallow end with their faces in the water, but continue to work on the confidence to feel comfortable in water over their head.

Advanced Beginner (Level 4): Children can swim in the deep end but are working on rhythmic breathing, on front crawl and performing the elementary backstroke

Intermediate (Level 5): Swimmers can rhythmic breathe on front crawl and perform the elementary backstroke, but are working on the breaststroke, sidestroke, and/or back crawl.

Swimmer (Level 6): This group can perform the six basic strokes: front crawl, elementary backstroke, breaststroke, sidestroke, back crawl and butterfly. Level 6 now has four components that will be covered in the lesson: Personal Water Safety, Lifeguard Training, Fitness Swimmer and Fundamentals of Diving.

DIVING

Designed for the beginning diver, this program emphasizes proper technique and attention to detail.

LOCATION: VCS High School Pool

PREREQUISITE: Passed Intermediate Level 5 and feel comfortable diving off the board

INSTRUCTOR: VPR certified aquatics staff

FEE: \$55/\$65 nonresident

DATES: 7/25 - 8/5/11

DAYS: Monday - Friday

TIMES: 2:00 - 3:00 pm

PROGRAM #: 14911

RED CROSS LIFEGUARD TRAINING

Lifeguard techniques will be taught along with other subjects relating to the job of a lifeguard. CPR for the Professional Rescuer and First Aid is also included in the training. This is the required certificate for a lifeguard job in New York. Program book included. Waterfront lifeguarding will be included in this course.

LOCATION: VCS High School Pool

AGES: 15 years & over

PREREQUISITE: Passed Swimmer Level 6 and can pass a swimming skills screening test

INSTRUCTOR: VPR Certified Aquatics Staff

FEE: \$120 resident/\$130 nonresident

DATES: 7/11 - 8/5/11 (4-week session)

DAYS: Monday - Friday

TIMES: 2:00 - 4:00 pm

PROGRAM #: 15211

FAMILY SWIM

The pool will be open Friday nights for families to enjoy a swim. Pre registration required, must register by 7/14/11.

LOCATION: VCS High School Pool

AGES: Families

INSTRUCTOR: VPR Certified Aquatic Staff

FEE: \$15 per family/\$20 nonresident per family

DATES: 7/15 - 8/5/11

DAYS: Fridays

TIMES: 7:30 - 9:30pm

PROGRAM #: 14911A

LAP SWIMMING IN THE EARLY AM

The Victor High School Pool is available for lap swimming. The pool locker rooms and showers will be available for your convenience.

LOCATION: VCS High School Pool

AGES: Open to all

INSTRUCTOR: VPR Staff

FEE: No charge school district residents

\$10 non-school district residents

\$2 visitor 1 time pass

DATES: ongoing - 6/10/11 and 7/11 - 8/5/11

DAYS: Monday - Friday

TIMES: 5:30 - 7:30 am until June 10th

6:00 - 8:00 am starting July 11th

PROGRAM #: 14911B

Aquatic Programs

TOT SWIMMING INSTRUCTION

Little swimmers will be introduced to the water in a controlled and comfortable environment. Using a tot dock, children will be in shallow water. When it is your child's turn, he/she will have one-on-one instruction with a certified staff person. Class size is small. **[This is not a PARENT/TOT CLASS.]**

LOCATION: VCS High School Pool

AGES: 3 - 5 years (must be 3 by 7/11/11)

INSTRUCTOR: VPR certified aquatic staff

FEE: \$55 resident/\$65 nonresident

DAYS: Monday - Friday

Parent watching days: the final Friday of each session

TOT SWIMMING PROGRAM #'S

TIMES	SESSION 1 7/11 - 7/22/11	SESSION 2 7/25 - 8/5/11
8:00 am	010-11	020-11
8:30 am	011-11	021-11
9:00 am	012-11	022-11
9:30 am	013-11	023-11
10:00 am	014-11	024-11
10:30 am	015-11	025-11
11:00 am	016-11	026-11
11:30 am	017-11	027-11
1:00 pm	018-11	028-11
1:30 pm	019-11	029-11



PARENT AND ME SWIM - UNDER 3 YEARS OLD

This program is designed to acquaint young children with the pool setting. Children will be taught basic water adjustment skills. Parents, who will be in the water with their child, will be taught how to encourage the learning of the water adjustment skills. Both parent and child need to be ready to swim.

LOCATION: Victor High School Pool

INSTRUCTOR: VPR Certified aquatic staff

FEE: \$40/ \$50 nonresident

DAY: Monday - Friday

TIME: 2:00 - 3:00 pm

PROGRAM # DATES:
19711A 7/11 - 7/15/11
19711B 7/18 - 7/22/11

ADULT LEARN TO SWIM/WATER SAFETY

This program is specifically designed for the adult who never really learned to swim and who doesn't feel comfortable around water. Basic water safety techniques will be covered as well as beginner stroke development. Strokes that will be covered are: front crawl, elementary backstroke and sidestroke.

LOCATION: VCS High School Pool

INSTRUCTOR: VPR certified aquatic staff

FEE: \$40 /\$50 nonresident

DATES: 7/25 - 7/29/11

DAYS: Monday - Friday

TIMES: 2:00 - 3:00 pm

PROGRAM #: 19711C



Resident Registration Begins: May 2, 2011. Nonresident Registration Begins: May 16, 2011

Preschool Programs

ROCK, RYTHM AND ROLL

A lively class for parents/caregivers and children. Join us for some cool moves, exercises and rhythms with Ms. Judy. We'll march, jump, throw, shake, roll and move using balls and tumbling mats. Let's rock and roll!

LOCATION: Victor Parks & Recreation

AGES: 1 1/2 - 4 years w/Parent

INSTRUCTOR: Judy Gillotte Drew

DAY/DATES/TIMES:

(C) Saturdays 5/7-5/21/11, 10:00-10:45 am, **nonresidents can register 5/2**

(D) Wednesdays & Fridays, 7/6, 7/8, 7/13 & 7/15/11, 9:15 - 10:00 am

FEE: (C) \$30/\$35 nonresident

(D) \$38/\$43 nonresident

PROGRAM# 12911C, 12911D

NATURE AND ART

A'hiking we will go! We use the things we hike outside and find to produce some really cool art projects, especially when we embellish with paints and put it in a frame! We'll do a new project each class and have a gallery showing the last day! Materials provided. Space is limited. (Children attending the 1:30 High-Five sports class will be escorted by teacher.)

LOCATION: Victor Parks & Recreation

AGES: 3 - 6 years old

INSTRUCTOR: Mary Slaughter

FEE: \$42/\$52 nonresident

DAYS/DATES

(A) Mondays, 5/9 - 6/13/11, (No class 5/30)

(B) Thursdays, 5/12 - 6/9/11

PROGRAM#: 78511A, 78511B

TIMES:

12:45 - 1:30 pm

1:00 - 1:45 pm

HI - FIVE! SPORTS - SPRING TRAINING

This is great Spring fun as we gear up for Summer! We'll use skills and drills for learning Track & Field, Baseball and T-ball such as catching, throwing, running and jumping... what could be better? Great for boys and girls alike with activities we will all be good at!

LOCATION: Victor Parks & Recreation

AGES: 3 - 6 years old

INSTRUCTOR: Mary Slaughter

FEE: \$49/\$59 nonresident

DAYS: (C) Mondays

(D) Thursdays

PROGRAM #/DATES

77611C 5/9 - 6/13/11 (no class 5/30)

77611D 5/12 - 6/9/11

TIMES:

1:30 -2:15 pm

9:45 - 10:30 pm



LIL' SLUGGERS

Parental participation required. "Batter up!" Come to learn and play with other enthusiastic kids just like you! We'll cover all the fundamentals of baseball and t-ball! If you have a small baseball glove you are welcome to bring it. We'll supply the bats, balls and fun! So come learn and try out! Our last game will be outside weather permitting.

LOCATION: Victor Parks & Recreation

AGES: 2 - 3 years old w/parent.

INSTRUCTOR: Mary Slaughter

FEE: \$36/\$46 nonresident

TIMES: 10:30 - 11:00 am

PROGRAM # DAYS/DATES:

70011A Mondays, 5/9 - 6/13/11, (No class 5/30)

70011B Thursdays, 5/12 - 6/9/11

LUNCH IN THE PARK

Come to the park to have lunch, hear a story and play some games with friends. Wear sunscreen and bring a water bottle. Call for rain date, 742-0140.

LOCATION: Victor Parks

AGES: Child with adult

INSTRUCTOR: Coach Steve and friend

FEE: \$1/family, \$5/all (A-I)

TIMES: 11:30 am - 12:30 pm

LOCATION/

Dryer Road Park

Victor Municipal Park

MaryFrances Bluebird Haven

Fishers Park

Harlan Fisher Park

Village on the Park

Mead Square Park

Lehigh Crossing Park

Boughton Park

DAY/DATES

Friday 5/13/11

Wednesday, 5/18/11

Thursday, 5/26/11

Tuesday, 5/31/11

Monday, 6/6/11

Friday, 6/10/11

Tuesday, 6/14/11

Thursday, 6/16/11

Wednesday, 6/22/11

PROGRAM #:

16611A

16611B

16611C

16611D

16611E

16611F

16611G

16611H

16611I

TINY SPROUTS!

Tiny Sprouts is a younger version of our popular Sporty Sprouts preschool sports readiness program for boys and girls. Children will be introduced to soccer, basketball and tennis in a fun, fast paced setting. Our goal is to spark your child's curiosity for sports by teaching basic skills through age adaptive equipment and games. Come have fun! Wear sneakers. Sports equipment provided. This is not a parent participation class. Nonresidents can register for this class starting 5/2/11. Class is limited to 7 participants.

LOCATION: Victor Parks & Recreation

AGES: 2 1/2 -3 1/2 years old

INSTRUCTOR: Cathy Downs

FEE: \$60/\$70 nonresident

DAYS: Tuesdays

DATES: 5/17 - 6/21/11

TIMES: 9:30 - 10:00 am

PROGRAM #: 16211

Preschool Programs

SPORTY SPROUTS!

Sporty Sprouts is a preschool program for boys and girls. Children will be introduced to soccer, basketball and tennis in a fun, fast paced setting. Our goal is to spark your child's curiosity for sports by teaching basic skills through age adaptive equipment and games. Come have fun! Wear sneakers. Sports equipment provided. This is not a parent participation class. Nonresidents can register for this class starting 5/2/11.

LOCATION: Victor Parks & Recreation
AGES: 3 ½, 4 and pre-school 5 years
INSTRUCTOR: Cathy Downs
FEE: \$66/\$76 nonresident
DAYS: Tuesdays
DATES: 5/17 - 6/21/11
TIMES: 10:20 - 11:05 am
PROGRAM # 16511

LITTLE CAMPERS

Does your little one enjoy being with other little ones to explore, create and giggle? Each week the children do a craft and then we take a hike on one of the numerous trails that the park provides. This program is designed to offer preschool children an opportunity to have fun with others in a supervised outdoor setting.

LOCATION: Fishers Park Picnic Area
AGES: 3, 4 and pre-school 5's
INSTRUCTOR: VPR Staff
FEE: No Charge
DAY: Saturdays
TIME: 10:30 - 11:30 am
DATES: 5/21 - 6/18/11
PROGRAM #: 12311

MUSIC TOGETHER

Does your little one love music? Do you want your child to develop listening, turn taking and other pre-classroom readiness skills? The internationally known early childhood music program, Music Together will have your child singing, dancing and learning as a community. In class we will sing songs, learn rhymes, play with percussion instruments and dance! All classes will be taught by NYS certified educator and teaching artist, Sarah Peters. Our weekly classes last forty five minutes and are different every time! Join us for a playful and fun way to learn!

LOCATION: Victor Parks & Recreation
AGES: Child with adult, siblings under 8 months free
INSTRUCTOR: Sarah Peters
FEE: \$130/\$140 nonresident, additional child \$70 for entire 8 week Session

DAYS/DATES	TIMES:
(A) Tuesdays 6/28 - 8/30/11 (no class 7/5, 8/23)	9:30 - 10:15 am
(B) Tuesdays, 6/28 - 8/30/11 (no class 7/5, 8/23)	10:30 - 11:15 am
(C) Wednesdays, 6/29 - 8/31/11 (no class 7/6, 8/24)	10:00 - 10:45 am
(D) Wednesdays, 6/29 - 8/31/11 (no class 7/6, 8/24),	11:00 - 11:45 am

PROGRAM #: 10911A, 10911B, 10911C, 10911D



PRINCESS CAMP

Camp includes dances, like medieval court dances and some ballet. There will be time to dress up and playtime. We'll have "tea" time as well as many arts and crafts projects. We'll also do some creative stories and draw illustrations. Princesses can wear their dresses/outfits. Make sure you bring socks and sneakers. Fee includes art supplies. We will also have time for make believe.

LOCATION: Victor Parks & Recreation
AGES: 3- 8 years old
INSTRUCTOR: Judy Gillotte Drew
FEE: \$38/\$43 nonresident
DAYS/DATES: (A) M/W 6/27 & 6/29/11
(B) Tu/Th 8/23 & 8/25/11
TIMES: 10:00 am-12:00 pm
PROGRAM#: 14711A, 14711B



SUPERHERO CAMP

Wow! Zap! Come join us for a "powerful" good time. Camp includes jumping and running through obstacle courses as well as other supervised physical exercises. We'll also enjoy some art projects and some videos. We'll try our hand at developing stories and doing some illustrations of our characters. Superheroes can wear their outfits (removable capes if possible) and /or character t-shirts. Fee includes art supplies.

LOCATION: Victor Parks & Recreation
AGES: 3- 8 years old
INSTRUCTOR: Judy Gillotte Drew
FEE: \$38/\$43 nonresident
DAYS/DATES: (A) Tu/Th 6/28 & 6/30/11
(B) M/W 8/22 & 8/24/11
TIMES: 10:00 am-12:00 pm
PROGRAM#: 15711A, 15711B

Preschool Programs

DISCOVERY DAYS WITH MS. JUDY

Discover the world through art with Ms. Judy. Each class will be a different activity. After our specially chosen stories about the topic of the day we'll discover the world with hands on experimenting, designing and discovering through arts and crafts projects, plantings, mixings and manipulations. The best part, no mess at home!!!

LOCATION: Victor Parks & Recreation
AGES: 2 -5 years old w/adult
INSTRUCTOR: Judy Gillotte Drew
FEE: \$35/\$40 nonresident
DAYS: Monday thru Wednesday (3 days)
DATES: 6/20 - 6/22/11
TIMES: 9:30 -10:30 am
PROGRAM#: 13111B

DISCOVERY DAYS "ON LOCATION AT MARY FRANCES BLUEBIRD HAVEN"

Join us for a special on location discovery day! We'll take a nature hike and try to see the Bluebirds after stories and discussions on birds. Bring binoculars or borrow some of ours. We'll also make bird houses or bird feeders and have some coloring sheets to take home. You can bring a bag lunch and enjoy a picnic after our class.

LOCATION: Mary Frances Bluebird Haven, 235 Victor-Egypt Road
AGES: 2 - 7 years old w/adult, older siblings welcome.
INSTRUCTOR: Judy Gillotte Drew
FEE: \$20/\$23 nonresident, \$7.50 each additional child.
DAYS/DATES: (A) Friday, 6/24/11
(B) Friday, 8/12/11
TIMES: 10:00 am -12:00 pm
PROGRAM#: 13111A



PRE K DANCE CLASS

A lively dance class for preschoolers. A combination class to learn tap, ballet, jazz and finish with tumbling. Please wear dance attire and dance shoes. Boys can wear stretchy clothing, socks and sneakers (no jeans). You can take one or both sessions. Classes build upon previous sessions.

LOCATION: Victor Parks & Recreation
AGES: 2 ½ - 5 years old
INSTRUCTOR: Judy Gillotte Drew
FEE: \$38/\$48 nonresident
TIMES/DAYS: 9:15 - 10:00 am, Tuesdays & Thursdays
DATES: (A) 7/5, 7/7, 7/12 & 7/14
(B) 7/19, 7/21, 7/26 & 7/28
PROGRAM#: 12911A, 12911B

YES, PLEASE JUNIOR VERSION



A special day to have fun learning about and reinforcing manners, learn to greet people, learn phone manners and how to set a table. At the end we will have a snack to use our newly learned skills.

LOCATION: Victor Parks and Recreation
AGES: 3-5 year old
INSTRUCTOR: Judy Gillotte Drew
DAY/DATE: Thursday, 7/7/11
FEE: \$15/\$18 nonresident, \$10 for additional siblings
TIMES: 10:30 am-12:00 pm
PROGRAM #: 10811

ARE YOU READY TO TUMBLE?

Want to learn to do cartwheels, somersaults, bridges, group rhythms and more. Boys and Girls are invited to learn new and extend their tumbling and acrobatic skills individually and with a group. Everyone will work at their own skill level to learn to be more confident and have fun!

LOCATION: Victor Parks & Recreation
AGES: 3 - 8 years old
INSTRUCTOR: Judy Gillotte Drew
DAYS: Monday & Wednesdays
DATES: 7/18, 7/20, 7/25, 7/27/11
TIMES: 9:15 - 10:00 am
FEE: \$38/\$48 nonresident, 4 days
PROGRAM# 15911

SPORTS SQUIRTS PROGRAM

US SPORTS
institute The Sport Squirts program introduces children aged 3 to 5 to a variety of sports such as Soccer, T-ball, Basketball, Tennis, Lacrosse and Hockey, all taking place in a safe structured environment ensuring learning is taking place. Activities are designed to evoke a child's imagination in which they can Find Nemo, send Shrek into a spin or capture Jellyfish with Sponge Bob Square Pants. All activities promote hand-eye coordination, movement and balance and most importantly fun, fun, fun.

LOCATION: Dryer Road Park
AGES: 3-5 years old
INSTRUCTOR: US Sports Institute Staff
DATES: 7/25 - 7/29/11
TIME 4:30 pm to 5:30 pm
FEE: \$69/\$79 nonresidents
PROGRAM #: 16711D



Preschool Programs

HIGH FIVE! SPORTS CAMP

Five sports over five days: Soccer, Tumbling, T-ball, Football and Track & Field. This program is great for girls and boys alike! Learn from a National Safety Certified Coach and be part of a team! We emphasize good sportsmanship while learning specific skills for each sport. Preschool athletes will develop their coordination, progress their skills and sharpen their aim; all while meeting friends and having fun!

LOCATION: Victor Parks & Recreation
AGES: 3 - 6 years old
INSTRUCTOR: Mary Slaughter, National Safety Certified
Gymnastics Coach & Friend
FEE: \$59/\$69 nonresident
DAYS: Monday - Friday
DATES: 7/11 - 7/15/11
TIMES: 9:45 - 10:45 am
PROGRAM #: 12511A

CARRY-OVER CAMP

Is for kids enrolled in both High Five Sports and Backyard Gang. Hang out and have a snack with the Coaches, color and play games! Bring a snack daily, but no peanuts please.

LOCATION: Victor Parks & Recreation
AGES: 3 - 6 years old
INSTRUCTOR: Mary Slaughter, National Safety Certified
Gymnastics Coach & Friend
FEE: \$12
DAYS: Monday - Friday
DATES: 7/11 - 7/15/11
TIMES: 10:45 - 11:00 am
PROGRAM #: 12511B

THE BACKYARD GANG

Remember playing outside until the sun went down? Be part of the Backyard Gang and learn some of the classic fun games that keep kids busy and happy! There will be team games like kickball, freeze-tag and red light-green light, as well as individual games like hopscotch, jump rope and more. All friendly, physical fun that will give the kids ideas of how to start their own games at home! Lots of running and jumping, so wear sneakers to every class!

LOCATION: Victor Parks & Recreation
AGES: 3 - 6 years old
INSTRUCTOR: Mary Slaughter, National Safety Certified
Gymnastics Coach & Friend
FEE: \$49/\$59 nonresident
DAYS: Monday - Friday
DATES: 7/11 - 7/15/11
TIMES: 11:00 - 11:55 am
PROGRAM #: 11711

Resident Registration Begins: May 2, 2011.

Nonresident Registration Begins: May 16, 2011

CRUNCH AND MUNCH ART CLUB WEEK



Art Club is a great place for our preschool friends to create artful masterpieces and to munch on some snacks. Bring a smock for painting and a lunch or snack each day as we make themed crafts. We will use a variety of materials including some magnets, sand and flowers. On our last day we will even craft an edible and delicious bit of art to share! No peanuts please!

LOCATION: Victor Parks & Recreation
AGES: 3 - 6 years old
INSTRUCTOR: Mary Slaughter, National Safety Certified
Gymnastics Coach & Friend
FEE: \$45/\$55 nonresident
DAYS: Monday - Friday
DATES: 7/11 - 7/15/11
TIMES: 12:05 - 1:00 pm
PROGRAM #: 11711A

LITTLE HITTERS T-BALL CAMP

Learn the fundamentals of baseball: base running, catching, throwing and batting. Wear sunscreen and bring a water bottle. Each child gets a t-shirt.

LOCATION: Victor Central School field #25
AGES: 4 & 5 years old
INSTRUCTOR: Coach Steve and Staff
FEE: \$45/\$55 nonresident
DAYS: Monday - Friday
DATES: 8/8 - 8/12/11, rain date 8/13 afternoon
PROGRAM # **TIMES:**
12611A 3:00 - 4:00 pm
12611B 4:00 - 5:00 pm

PRE K DANCE CAMP

This week long camp will include learning different styles of dance; jazz, tap, ballet and tumbling. There will be related arts & crafts projects. Call Judy at 924-8168 for more information.

LOCATION: Victor Parks & Recreation.
AGES: 3 - 6 years old
INSTRUCTION: Judy Gillotte Drew
FEE: \$50/\$60 nonresident
DAYS: Monday - Thursday
DATES: 8/8 - 8/11/11
TIMES: 9:15 - 10:15 am
PROGRAM #: 12911

LITTLE QUARTERBACKS FLAG FOOTBALL CAMP

Learn the fundamentals of flag football running, passing and receiving. Wear sunscreen and bring a water bottle. Each child gets a ball and t-shirt.

LOCATION: Dryer Road Park
AGES: 4 & 5 years old
INSTRUCTOR: Coach Steve and Staff
FEE: \$45/\$55 nonresident
DAYS: Monday - Friday
DATES: 8/15 - 8/19/11, rain date 8/20 afternoon
PROGRAM # **TIMES:**
16011A 9:00 - 10:00 am
16011B 10:00 - 11:00 am

Preschool Programs

GRASSHOPPER & CRICKET CAMP

This program will mix age appropriate small and large motor activities with fun! Please apply sunscreen every day before the start of the program. Grasshoppers and Crickets have joined together again this year.

LOCATION: MaryFrances Bluebird Haven, 235 Victor-Egypt Road

AGES: Children ages 3, 4 & preschool 5

INSTRUCTOR: VPR Staff

FEE/DATES: SESSION 1*: \$48/\$58 nonresident, 7/5 - 7/8/11,
*note starts on Tuesday 7/5

SESSION 2: \$60/\$70 nonresident, 7/11 - 7/15/11

SESSION 3: \$60/\$70 nonresident, 7/18 - 7/22/11

SESSION 4: \$60/\$70 nonresident, 7/25 - 7/29/11

SESSION 5: \$60/\$70 nonresident, 8/1 - 8/5/11

DAYS: Monday - Friday

PROGRAM # **TIMES:**

SESSION 1: 10311A 9:00 - 11:30 am

SESSION 1: 10311B 1:00 - 3:30 pm

SESSION 2: 10411A 9:00 - 11:30 am

SESSION 2: 10411B 1:00 - 3:30 pm

SESSION 3: 10511A 9:00 - 11:30 am

SESSION 3: 10511B 1:00 - 3:30 pm

SESSION 4: 10611A 9:00 - 11:30 am

SESSION 4: 10611B 1:00 - 3:30 pm

SESSION 5: 10711A 9:00 - 11:30 am

SESSION 5: 10711B 1:00 - 3:30 pm

LITTLE STRIKER SOCCER STARS CAMP

Learn the fundamentals of soccer learning to kick, head and pass during a fast paced soccer game. Wear sunscreen and bring a water bottle. Each child gets a ball and t-shirt.

LOCATION: Dryer Road Park

AGES: 4 & 5 years old

INSTRUCTOR: Coach Steve and Staff

FEE: \$45/\$55 nonresident

DAYS: Monday - Friday

DATES: 8/22 - 8/26/11, rain date 8/29/11

PROGRAM # **TIMES:**

15811A 9:00 - 10:00 am

15811B 10:00 - 11:00 am

15811C 11:00 am - 12:00 pm

Resident Registration Begins: May 2, 2011.
Nonresident Registration Begins: May 16, 2011

Summer Escapades

TECHNOLOGY BASED PROJECTS THAT "WOW" YOUR TEACHER



In this series of classes, students will learn about and use various computer-based software programs to create projects that are more sophisticated, detailed, and that look spectacular! Some examples of programs with which we will be experimenting with are Microsoft Excel, SMART Notebook Software, PowerPoint, Publisher, and we will also be experimenting with blogging. Even if students have used these programs before, this class will focus on some higher level skills in using the programs and how to choose between the programs for the type of project one would like to create. Students should be prepared to think creatively and have a good sense of how to navigate the web and enjoy using the computer to create projects.

LOCATION: Victor Intermediate School, Room 210

INSTRUCTOR: Kylie Hegeman, Victor School Teacher

AGES: Students entering grades 4 - 6

DAY/DATES: Monday - Thursday, 6/27 - 6/30/11

TIME: 8:30 - 10:30 am

FEE: \$30/\$40 nonresident

PROGRAM # 12711A

ORIGAMI MATH



This class offers a fun way to sharpen your math skills over the summer through the use of origami! Origami, a Japanese art of paper folding, teaches the value of working precisely and following directions while incorporating math skills and learning at a deeper level. Final products include a fancy photo frame, math fortune teller, invitation with envelope box, swimming swan and more! Come join the fun.

LOCATION: Victor Intermediate School, Room 215

INSTRUCTOR: Michelle Everett, Victor school teacher

AGES: Students entering grades 4 - 6

DAY/DATES: Monday - Friday, 7/11 - 7/15/11

TIME: 9:00 - 10:30 am

FEE: \$30/\$40 nonresident

PROGRAM # 12711B

Summer Escapades

SO YOU THINK YOU CAN DANCE? YOU CAN!



This is a course designed to teach students basic ballet and lyrical steps. Students will practice steps in warm-up routines (at the barre, across the floor, and center floor), and in a large group dance. They will also get to choreograph their own small group dance - we will have a mini-recital on the last day! This class will give students an opportunity to have fun and be creative with music and movement, to be exposed to classical steps and learn how to put their own creative twist on them, how to follow given choreography and the opportunity to create their own unique movements to music. Dance experience is not required. Students should wear comfortable clothing and rubber soled sneakers or shoes.

LOCATION: VCS Senior High Dance Studio
INSTRUCTOR: Katie Tribula, Victor School Teacher
AGES: Students entering grades 1 - 3
DAY/DATES: Monday - Thursday, 7/11 - 7/14/11
TIME: 9:30-11:00 am
FEE: \$30/\$40 nonresident
PROGRAM # 12711C

GLOGGING



This workshop will sharpen technology skills and teach students how to create their own Glog. A Glog is an interactive, multimedia, online poster that you can personalize to meet any project requirement through the school year! Glogs have the potential to turn an ordinary presentation into an engaging and interactive presentation. This workshop teaches students how to create a Glog by incorporating pictures, text boxes, sound, and video clips. Each day students will research a topic of their choice and create a Glog to show what they learned and to share with others. Come join the fun!

LOCATION: Victor Intermediate School, Room 215
INSTRUCTOR: Michelle Everett, Victor school teacher
AGES: Students entering grades 4 - 6
DAY/DATES: Monday - Friday, 7/11-7/15/11
TIME: 10:45 am - 12:15 pm
FEE: \$30/\$40 nonresident
PROGRAM # 12711D

CHESS BASICS



This is a course designed for anyone in grades 2 - 8 to learn the basics of chess. Unlike checkers, taking pieces is not the main goal in chess. We will learn how to move all the pieces, place a king in check and learn the basic checkmating ideas that every beginning chess player should know.

LOCATION: VCS Senior High, Room 216
INSTRUCTOR: Ryan Horst, Victor school teacher and Chess coach
AGES: Students in grades 2 - 8
DAYS/DATES: Monday - Friday, 7/11-7/15/11
TIME: 9:00-10:00
FEE: \$25/\$35 nonresident
PROGRAM # 12711E

GRAPHIC DESIGN AND TRANSFER PRINTING



This course is designed to teach students entering 5 and 6 grade the fundamentals of graphic design. Students will use the drawing features of Microsoft Office to create unique designs which they will transfer to magnets, t-shirts, and mouse pads. This hands-on course will cover the basics of design to assist students in developing "eye catching" images. The heat transfer process will be used to apply images. The screen printing process will also be demonstrated as a method of applying designs to t-shirts.

LOCATION: Victor Junior High School Room 162
INSTRUCTOR: Matthew Bauerlein, Victor School Teacher
AGES: Students entering 5 and 6 grade
DAY/DATES: Monday - Thursday, 7/11-7/15/11
TIME: 9:00 - 10:30 am
FEE: \$30/\$40 nonresident
PROGRAM # 12711F

ROBOTICS



This is a course designed to teach students entering 6 and 7 the fundamentals of Robotics. Students will be introduced to robotics using Lego's Robolab. Students will design, build, and program Lego robots to solve unique challenges. Lego's Robolab is a combination of Lego bricks, motors, lights, sensors and a microprocessor, which can be programmed to perform a variety of tasks. A icon, based programming language allows students to easily develop sophisticated controls for their robot creations.

LOCATION: Victor Junior High School Room 162
INSTRUCTOR: Matthew Bauerlein, Victor school teacher
AGES: Students entering 6 and 7 grade
DAY/DATES: Monday - Thursday, 7/18-7/21/11
TIME: 9:00 - 10:30 am
FEE: \$30/\$40 nonresident
PROGRAM # 12711G

MATH GAMES



If you want to sharpen your math skills this summer while having fun, this is the course for you! Stations will be set up where students will solve math puzzles, problems, and mysteries in a creative hands-on manner. The activities will review and teach many different strategies for problem solving while addressing math standards.

LOCATION: Victor Intermediate School, Room 215
INSTRUCTOR: Michelle Everett, Victor school teacher
AGES: Students entering grades 4 - 6
DAY/DATES: Monday - Friday, 7/18 - 7/22/11
TIME: 10:45 am - 12:15 pm
FEE: \$30/\$40 nonresident
PROGRAM # 12711H

Summer Escapades



BEAT YOUR DAD IN CHESS

New! This is a course designed for kids who already know how to check and move the pieces. We will learn the main Tactics in the game of chess. Mating threats, forks, pins, skewers and many more including how to beat your dad in 5 moves or less!

LOCATION: VCS Senior High, Room 216
INSTRUCTOR: Ryan Horst, Victor school teacher & Chess coach
AGES: Students in grades 2 - 8
DAYS/DATES: Monday - Friday, 7/18 - 22/11
TIME: 9:00 - 10:00 am
FEE: \$30/\$40 nonresident
PROGRAM # 12711I

ADVANCED CHESS TOPICS

New! This is a course for higher level chess players who would like to play at a tournament level. In a tournament you will need to learn openings, endgames and how to record your games and analyze positions. Any age player can play in a tournament, this will give you the tools to feel confident when you go!

LOCATION: VCS Senior High, Room 216
INSTRUCTOR: Ryan Horst, Victor school teacher and Chess coach
AGES: Students in grades 2 - 8
DAYS/DATES: Monday - Friday, 7/25/ - 7/29/11
TIME: 9:00 - 10:00am
FEE: \$30/\$40 nonresident
PROGRAM # 12711M

Resident Registration Begins: May 2, 2011.
Nonresident Registration Begins: May 16, 2011

THE WONDERS OF WEAVING AND TEXTILES

New! This course is designed to teach students the fundamentals of textiles and basic weaving on a loom. Students will discuss and show be shown examples of Native American craft art, basketry, rugs, and clothes. Students will also discuss that these crafts were decorative as well as utilitarian, made for everyday use and also ceremonial usage. The symmetrical pattern of native American art will also be discussed.

LOCATION: Victor Junior High School, Room 137
INSTRUCTOR: Kathleen A. Shaffer-Heeks, Victor School Teacher
AGES: Students entering 4 - 8 grade
DAYS/DATES: Monday - Thursday, 7/18 - 7/21/11
TIME: 9:00 - 10:30 am
FEE: \$30/\$40 nonresident
PROGRAM # 12711J

POETRY WITH PIZZAZZ

New! If you are creative and enjoy writing, then this class is just right for you! Students will learn to write, edit and publish a variety of poems exploring mentor texts. A different poem will be taught each day through a mini lesson format, giving students the remainder of class time to edit, share and publish their poem in an artistic way using a variety of materials. Final products will include a poetry journal, poetry spinner to create a free verse poem, inkblot art to create a couplet, best guess poetry square to create cinquain poem and straw painting to illustrate a haiku. Students will be encouraged to write descriptive poems while focusing on good traits of writing.

LOCATION: Victor Intermediate School, Room 215
INSTRUCTOR: Michelle Everett, Victor school teacher
AGES: Students entering grades 4 - 6
DAYS/DATES: Monday - Friday, 7/18 - 7/22/11
TIME: 9:00 - 10:30 am
FEE: \$30/\$40 nonresident
PROGRAM # 12711K

BUBBLE, FIZZ, POP!

New! Students will experiment and experiment and explore the world around them through a variety of hands-on activities. Students will be exposed to areas of science such as physics, chemistry, and biology. Questioning, wondering, and curiosity are strongly encouraged. Activities will include; Pop Rocks Science, Squeeze bottle rockets, Elephant toothpaste, Oobleck, Alka Seltzer Rockets, and many more. Students will be introduced to laboratory safety and skills, scientific procedures, and the scientific principles behind each experiment. Please bring a \$5 materials fee with you the first day of class.

LOCATION: Victor Senior High School, room 202
INSTRUCTOR: DeAnna Hoobler, Victor School Teacher
AGES: Students entering 4 and 5 grade
DAYS/DATES: Monday - Thursday, 7/25 - 7/28/11
TIME: 9:45 - 11:15 am
FEE: \$30/\$40 nonresident
PROGRAM # 12711L

Youth Programs

LEARN TO SKATE

Come learn the fundamentals of figure skating. This 50 minute class consists of a 25 minute lesson and 25 minute practice. Helmets recommended. 25% discount if parent signs up with child. **REGISTER NOW.**

LOCATION: ESL Sports Centre, 2700 Brighton Henrietta Town Line Road

AGES: 5 - Adult

INSTRUCTOR: Pamela Bossar Warren

FEE: See Session, Skate rental \$4 daily

DAYS/DATES **TIMES**

(A) Mondays, 4/25 - 6/6/11 5:35 - 6:50 pm

(B) Wednesdays, 4/27 - 6/8/11 5:35 - 6:50 pm

(C) Saturdays, 4/30 - 6/11/11 11:20 am - 12:35 pm

FEE: (A) 6 weeks \$90/\$100 nonresident

(B) \$100/\$110 nonresident

(C) \$100/\$110 nonresident

PROGRAM #: 12211A, 12211B, 12211C

YOUTH NIGHT "FOR LIFE; AMERICAN CANCER SOCIETY FUNDRAISER"

Come out and enjoy a night of foosball, ping-pong, table games and more! Bring extra money for snacks.

LOCATION: Victor Parks & Recreation

AGES: K - 6th Grade

INSTRUCTOR: VPR Staff

FEE: \$10 donation, checks made payable to the American Cancer Society

DATES: 5/6/11

DAYS: Friday

TIMES: 7:00 - 9:30 pm

PROGRAM#: 17811

HORSEBACK RIDING

The Phelan Training Stable program introduces riders of all abilities to the challenges and responsibilities of taking care of horses under the supervision of a qualified instructor and assistants. Our program provides a balance between mounted instruction, talks and demonstrations. Each participant will receive a riding lesson every session. Riding instruction will be geared toward each individuals needs. Students will also learn many aspects of horse care, including grooming, feeding, anatomy and much more. The overall priorities of the Phelan Training Stable riding program are safety, fun and skill advancement. Horses can help us accomplish many of our goals: self-confidence, leadership, respect, responsibility and compassion. Horses also provide excitement, freedom, adventure and friendship. Our stable offers a very engaging and effective experience for growth and learning. For more information call William Lew at 742-0145 or Scot at 657-6952.

LOCATION: Phelan Training Stable, (Route 444)
2218 Victor-Bloomfield Road, Bloomfield, NY 14469

AGES: All ages

INSTRUCTOR: Scot Phelan and Staff

FEE: \$110/\$120 nonresident/Four 1-hour sessions

DATE: May - August (Indoor facility for bad weather)

DAY/TIME: Four 1-hour sessions (Instructor will call to set up training days and times)

PROGRAM #: 18311

LITTLE DRAGONS MARTIAL ARTS



United Martial Arts Center's Little Dragons Introductory Program is a four-week course that helps children develop in the areas parents appreciate most: increased attention span, enhanced coordination, and better respect and discipline. They also learn about the importance of courtesy, integrity, perseverance, self-control, and indomitable spirit and the philosophy of self-defense. The training they receive will carry over into their every day lives. The program is designed so that it is fun and consistent with the child's developmental level. Children meet twice per week. Transportation from Victor schools is provided and after school care is available. **FREE Uniform included!**

Classes for juniors (under Teen Programs) and adults (under Adult Programs) are also available for the entire family.

LOCATION: United Martial Arts Center - 160 School St.

AGES: 4 - 7 years old

INSTRUCTOR: Sensei David Kalish & Staff

FEE: \$125/\$135 nonresident

DATES: Open enrollment (Intro. class includes: twice a week for 4-weeks)

DAYS: Monday - Saturday

TIMES: Call 924-7450 for times

PROGRAM #: 14111

JUNIOR MARTIAL ARTS



United Martial Arts Center's Junior Program is one of the most rewarding activities that your child can be involved in. This four-week introductory course will greatly enhance your child's self-confidence and concentration for a better head start in life. This not only helps them to improve their grades in school, but also prepares them to excel in all of life's challenges. Our children students also develop a more positive attitude that helps them to say "NO" to unhealthy peer pressure. This educational program is taught through enjoyable activities and challenging exercises. It is an excellent counter-part to formal education. The skills taught in our classroom are invaluable in helping young people achieve their future goals. Best of all, they will have great FUN doing it! Transportation from Victor schools is provided and after school care is available. **FREE Uniform included!**

LOCATION: United Martial Arts Center, 160 School St.

AGES: 8 - 14 years old

INSTRUCTOR: Sensei David Kalish & Staff

FEE: \$125/\$135 nonresident

DATES: Open enrollment (Intro. class includes: twice a week for 4-weeks)

DAYS: Monday - Saturday

TIMES: Call 924-7450 for times

PROGRAM #: 17311

Youth Programs

MOUNTAIN BIKE ADVENTURES FOR KIDS: "AN INTRODUCTION TO TRAIL RIDING"

Are you thinking about taking up mountain biking as a sport? Perhaps you want to find another way to experience the great outdoors? Young riders will experience a variety of beginner and intermediate level trails, pump track, slalom course and bicycle skills area at Dryer Road Park. Instructors will focus on bike handling skills including steering, balance, sighting objects on the trail, safety and FUN! Please bring your favorite "fat tire" friend (bikes with gears recommended), helmet and water bottle. Please have your bike checked in advance to make sure that you are ready to ride and explore the trails at Dryer Road Park! For more on mountain biking in our region visit www.mygroc.com

LOCATION: Dryer Road Park

AGES: 7 - 13 years old

INSTRUCTORS: Genesee Regional Off-Road Cyclists (GROC)

FEE: \$22/\$32 nonresidents

DATES: 5/7 - 6/4/11 (No Program 5/28)

DAYS: Saturdays

TIME: 8:00 - 9:30 a.m.

PROGRAM#: 14811

YOUTH FLAG FOOTBALL - Intermediate School

Come play flag football after school with friends. Games will be played each day. Basic walk-thru of rules and safety will be covered. Experienced and non-experienced players are welcome. T-shirt included.

LOCATION: VCS Fields

AGES: 4th - 6th grade

INSTRUCTOR: Randy Johnson

FEE: \$20/\$30 nonresident

DAYS: Tuesdays

TIMES: 3:20 - 5:00 pm (meet in the Cafeteria at dismissal)

DATES: 5/17 - 6/7/11

PROGRAM #: 16811A

YOUTH FLAG FOOTBALL - Junior High School

Come play flag football after school with friends. Games will be played each day. Basic walk-thru of rules and safety will be covered. Experienced and non-experienced players are welcome. T-shirt included.

LOCATION: VCS Fields

AGES: 7th - 9th grade

INSTRUCTOR: Randy Johnson

FEE: \$25/\$35 nonresident

DAYS: Wednesdays

TIMES: 2:20 - 4:30 pm (meet in the Cafeteria at dismissal)

DATES: 5/18 - 6/8/11

PROGRAM #: 16811B

YOUTH SOCCER CAMP

Learn the fundamentals of soccer learning to kick, head and pass during a fast paced soccer game. Wear sunscreen and bring a water bottle. Each child gets a ball and t-shirt.

LOCATION: Dryer Road Park

AGES: K - 3rd Grade

INSTRUCTOR: Coach Steve and Friend

FEE: \$45/\$55 nonresident

DAYS: Monday - Friday

DATES: 8/22 - 8/26/11, rain date 8/29/11

PROGRAM # **TIMES**

14011A 12:00 - 1:00 pm

14011B 1:00 - 2:00 pm

APRIL SHOWERS BRING MAY DESSERTS!

Spring is here and we are ready to cook. Come create some goodies with springtime fruits. These creations will sure be the hit of the season! Kids can ride the special activity bus to Victor Parks & Recreation.

LOCATION: Victor Parks and Recreation

AGES: 4th - 5th grade

INSTRUCTOR: Bethany Ortmann

FEE: \$12/\$15 nonresident

DAY/DATE: Monday, 5/23/11

TIMES: 3:45-5:00 pm

PROGRAM#: 16911A

SWEET TASTE OF SPRING

Spring is here so let's create some fruity creations for the season.

LOCATION: Victor Parks and Recreation

AGES: 1st - 3rd grade

INSTRUCTOR: Bethany Ortmann

FEE: \$12/\$15 nonresident

DAY/DATE: Monday, 6/6/11

TIMES: 3:45 - 5:00pm

PROGRAM#: 16911B

Kids can ride the special activity bus to Victor Parks & Recreation.

ADVANCED SPRING DESSERTS

This class is all about cooking from scratch. You'll learn how to make your very own creation of goodies.

LOCATION: Victor Parks and Recreation

AGES: 4th - 5th grade

INSTRUCTOR: Bethany Ortmann

FEE: \$12/\$15 nonresident

DAY/DATE: Monday, 6/13/11

TIMES: 3:45 - 5:00 pm

PROGRAM#: 16911C

Kids can ride the special activity bus to Victor Parks & Recreation.

ARTS & CRAFTS FUN CAMP

Calling all arts and crafts kids... bring a friend or make some new ones for a few days of fun creating. Children will use multiple crafting techniques and different materials to make numerous projects. Kids can ride the special activity bus to Victor Parks & Recreation. Please write a permission note to your child's teacher for this to occur. Bring a small snack. Space is limited so sign up fast!

LOCATION: Victor Parks & Recreation

AGES: 1st - 3rd grades

INSTRUCTOR: Margaret Carlston

FEE: \$36 resident/\$46 nonresident

DAYS/DATES: Monday, Wednesday, Friday, 6/20, 6/22 & 6/24/11

TIMES 3:45 - 6:00 pm

PROGRAM # 11311

Youth Programs

PIRATES & PRINCESSES

Let's make believe for boys and girls (girl pirates too). A fun filled camp including "walking the plank", obstacle courses and other physical activities. We will have creative play and stories. We will find the "treasure" during our treasure hunts. We'll also do arts and craft projects. We'll test our skills with mazes and games. Tell a friend and join us!

LOCATION: Victor Parks & Recreation
AGES: 4 - 8 years old
INSTRUCTOR: Judy Gillotte Drew
FEE: \$75 resident/\$85 nonresident
DATES: 8/8-8/11/11 (all 4 days)
DAYS: Monday thru Thursday
TIMES: 10:30 am - 12:30 pm
PROGRAM #: 11211

EURO SPORTS CAMP



Experience over 15 different sports from around the world with the US Sports Institute. All activities will take place in an atmosphere which promotes good sportsmanship, teamwork and most of all fun.

Campers will receive Technical Instruction in each sport then experience the sport in a realistic game situation as well as participating in the exciting USSI World Cup Competition. Campers will receive a t-shirt and certificate. This is the only sports camp truly dedicated to children of all sporting abilities.

LOCATION: Dryer Road Park
AGES: 5 - 14 year olds
INSTRUCTOR: US Sports Institute Staff
DATES: 7/25 - 7/29/11
TIME: (A) 9:00 am - 12:30 pm (5-14 years old)
(B) 1:00 - 4:00 pm (5-14 years old)
(C) 9:00 am - 4:00 pm (6-14 years old)
FEE: (A) \$149/\$159 nonresidents
(B) \$119/\$129 nonresidents
(C) \$179/\$189 nonresidents
PROGRAM #: 16711A, 16711B, 16711C



DANCE CAMP

This week long camp will include learning different styles of dance; jazz, tap ballet and tumbling. There will be related arts & crafts projects. Call Judy at 924-8168 for more information. Current dancers and new dancers are welcome. Will have a show at the end of the week.

LOCATION: Victor Parks & Recreation
AGES: K - 4 Grade
INSTRUCTOR: Judy Gillotte Drew
FEE: \$80/\$90 nonresident
DAYS/DATES: Monday - Friday, 8/1 - 8/5/11
TIMES: 10:00 am - 12:00 pm
PROGRAM #: 11511

YOUTH FLAG FOOTBALL CAMP

Learn the fundamentals of flag football running, passing and receiving. Wear sunscreen and bring a water bottle. Each child gets a ball and t-shirt.

LOCATION: Dryer Road Park
AGES: K - 3rd Grade
INSTRUCTOR: Coach Steve and Staff

FEE: \$45/\$55 nonresident
DAYS: Monday - Friday
DATES: 8/15 - 8/19/11, rain date 8/20 afternoon
PROGRAM # **TIMES**
16811C 11:30 am - 12:30 pm
16811D 12:30 - 1:30 pm

FENCING

Arg! There Matey's. Come share the inner swashbuckler in you! Interested in fencing then this class is for you. Equipment is provided.

LOCATION: Victor Parks & Recreation
AGES: 6 - 15 years old Grade
INSTRUCTOR: Rochester Fencing Center
FEE: \$80/\$90 nonresident
DAYS: Monday - Friday
DATES: 8/1 - 8/5/11
TIMES: 2:00 - 3:00 pm
PROGRAM #: 19111

YES, PLEASE -LET'S GET READY FOR A PARTY



An enjoyable workshop to truly have fun learning, reinforcing manners, greeting people and the proper way to set a table and more. We will do some active role playing to reinforce the learning,

we will make placemats with proper location of silverware, decorations for our party, and place cards for seating. We will set the table and help with some cooking. At the end of the workshop, we will decorate and have our luncheon and visit with our friends, using our properly set table and all we learned.. Lets party! Lets eat!

LOCATION: Victor Parks & Recreation,
AGES: 4-8 years old
INSTRUCTOR: Judy Gillotte Drew
FEE: \$38/\$43 nonresident
DATES: 7/6 & 7/8/11
DAYS: Wednesday & Friday
TIMES: 10:30 am - 12:00 pm
PROGRAM #: 12011

A "GLEEFUL" MUSICAL WORKSHOP



A week long workshop under the direction of professionals Judy Gillotte Drew, college dance and education major, 10 year New York City professional in Dance and theatre, and life long teacher, together with a vocal coach and educator. This is your chance to develop your voice and dance and/or movement ability individually and in a group. We will work on Broadway musical type songs and performances and we will have a showcase at the end of the week. These sessions may build into other opportunities.

LOCATION: Victor Parks & Recreation
AGES: K - 6 Grade
INSTRUCTOR: Judy Gillotte Drew
FEE: \$95/\$105 nonresident
DATES: (A) 7/18 - 7/22/11 and (B) 8/15 - 8/19
DAYS: Monday - Friday
TIMES: 9:15 am - 12:00 pm
PROGRAM #: 15411A, 15411B

Youth Programs

GIRLS JUST WANT TO HAVE FUN

Let's make, create and enjoy a fine arts, craft and movement camp. Enjoy the friendship and the fun, we will have many fine projects to do including jewelry, painting, room decorations and more. We'll also do some movement to music and enjoy many of the Arts. Some pre-k students allowed with prior approval of Ms. Judy. Call Judy at 924-8168 for more information.

LOCATION: Victor Parks & Recreation
AGES: K - 4 Grade
INSTRUCTOR: Judy Gillotte Drew
FEE: \$80/\$90 nonresident (includes all supplies)
DATES: 7/11 - 7/15/11 (5 day camp)
DAYS: Monday - Friday
TIMES: 10:00 am - 12:00 pm
PROGRAM #: 18011

CIRCUS FUN AND MAGIC

Have you ever wanted to run away and join the circus? Come learn circus skills, juggling, mime, tumbling, clowning, hula hooping and twirling as well as some magic too. Great class for siblings and friends. Some pre-k students allowed with prior approval of Ms. Judy. Call Judy at 924-8168 for more information. Parents and friends are invited to the "BIG SHOW" on the Friday of camp.

LOCATION: Victor Parks & Recreation
AGES: K - 4 Grade
INSTRUCTOR: Judy Gillotte Drew
FEE: \$75/\$85 nonresident, Additional siblings \$40 each.
DATES: (A) 7/25 - 7/29/11, (B) 8/15 - 8/19/11
DAYS: Monday - Friday
TIMES: (A) 10:00 am - 12:00 pm, (B) 1:00pm - 3:00pm
PROGRAM #: 16411A, 16411B

RED CROSS BABYSITTING CLASS

Learn what you need to know and what every parent wants in a responsible babysitter. You will learn through fun activities, exciting videos, lively discussions and real life problem solving situations. You will also receive First Aid and basic care skill practice and the American Red Cross Babysitter's Handbook. Bring a pencil and bag lunch.

LOCATION: Victor Parks & Recreation
AGES: Children 11 years & older
INSTRUCTOR: Amanda Defranco
FEE: \$43/\$46 nonresident
DATES: (A) 6/12/11
(B) 8/28/11
DAYS: Sunday
TIMES: 10:00 am - 5:00 pm
PROGRAM #: 11611A, 11611B

LEARN TO SKATE

Come learn the fundamentals of figure skating. This 50 minute class consists of a 25 minute lesson and 25 minute practice. Helmets recommended. 25% discount if parent signs up with child.

LOCATION: ESL Sports Centre, 2700 Brighton Henrietta Town Line Road
AGES: 5 - 16 years old
INSTRUCTOR: Pamela Bossar Warren
FEE: \$60/\$70 nonresident, Skate Rental \$4 daily
DAYS/DATES: Wednesdays, (D) 7/6 - 7/27/11, (DD) 8/3 - 8/24/11
TIMES: 6:30 - 7:30 pm
PROGRAM #: 12211D, 12211DD

SCRAPBOOKING CAMP

Children will learn the basics of memory keeping. Bring 12 photos of up to 6x6 inches in size and we will provide the supplies to put together a small album.

LOCATION: Victor Parks & Recreation
AGES: 2 - 5 Grades
INSTRUCTOR: Margaret Carlston
FEE: \$60 resident/\$70 nonresident
DAYS: Monday - Friday
DATES: 8/8 - 8/12/11
TIMES: 9:30 - 11:30 am
PROGRAM # 16111

NFL PEPSI PUNT, PASS AND KICK

Compete in the 3 events punt, pass and kick. Registration form completed by parent or guardian. Copy of birth certificate required. Interested in Volunteering call Steve at 742-0143.

LOCATION: VCS Field #8
AGES: Boys and Girls 8 - 15 years old
INSTRUCTOR: VPR Staff & Volunteers
FEE: FREE
DAYS/DATES: Saturday, 9/10/11
TIMES: 10:00 am - 1:00 pm

SAFE ON YOUR OWN

Safe On Your Own is a new Red Cross Safety Training course that teaches kids ages 8 - 12 the basics of being protected. Kids learn tips on how to answer the phone, what to do if a stranger is at the door, a power outage occurs, basic first aid and much more.

LOCATION: Victor Parks and Recreation
AGES: 8 - 12 years old
INSTRUCTOR: Red Cross Certified Instructor
FEE: \$18/\$21 nonresident
TIME: 1:30 - 3:30 pm
DAY/DATE: Friday, 8/26/11
PROGRAM#: 19411

SPORTACULAR

Learn some quick fundamentals, then play the game of flag football, soccer, lacrosse, base/t-ball and track & field. Wear sunscreen and bring a water bottle. Each child gets a t-shirt.

LOCATION: Dryer Road Park
AGES: (A) K - 3rd Grade, (B) 4th - 6th Grade

INSTRUCTOR: Coach Steve and Staff
FEE: \$40/\$50 nonresident
DAYS: Monday - Friday
DATES: 8/15 - 8/19/11, rain date 8/20 afternoon
PROGRAM # TIMES:
19211A 2:30 - 3:30 pm
19211B 3:30 - 4:30 pm

Youth Programs

SPORTS ACADEMY CHEER TUMBLING

New! Three custom designed circuits teach tumbling in a safe environment for every level of student from beginner to expert. These circuits focus on the skills, maneuvers and techniques featured in today's competitive cheerleading. Sports Academy will provide trampolines, a spring floor, and a pit for trying new tricks! After school programming is also available at Sports Academy of Victor.

SPORTS ACADEMY GYMNASTICS

New! This gymnastics class is designed to help build your child's self-confidence while enhancing their physical capabilities. From pre-school level to advanced level, we provide state-of-the-art equipment (mats, beams, uneven bars, trampolines, vault, etc) to help your child develop in gymnastics. **Cheer Tumbling and Gymnastic programs run simultaneously in separate areas of the facility.**

LOCATION: Sports Academy of Victor
AGES: Cheer Tumbling - 5 years and older
 Gymnastics - 1 year and older
INSTRUCTOR: Allison Sherman and staff
FEE: \$160/\$170 nonresidents
DAYS: Monday thru Friday

PROGRAM #	DATES	TIMES
(Cheer Tumbling) (Gymnastics)		
16311A 17011A	5/23 - 7/11/11	5:30 - 6:30 pm
16311B 17011B	5/23 - 7/11/11	6:30 - 7:30 pm
16311C 17011C	5/23 - 7/11/11	7:30 - 8:30 pm
16311D 17011D	5/24 - 7/12/11	5:30 - 6:30 pm
16311E 17011E	5/24 - 7/12/11	6:30 - 7:30 pm
16311F 17011F	5/24 - 7/12/11	7:30 - 8:30 pm
16311G 17011G	5/25 - 7/13/11	5:30 - 6:30 pm
16311H 17011H	5/25 - 7/13/11	6:30 - 7:30 pm
16311I 17011I	5/25 - 7/13/11	7:30 - 8:30 pm
16311J 17011J	5/26 - 7/14/11	5:30 - 6:30 pm
16311K 17011K	5/26 - 7/14/11	6:30 - 7:30 pm
16311L 17011L	5/26 - 7/14/11	7:30 - 8:30 pm
16311M 17011M	5/27 - 7/15/11	5:30 - 6:30 pm
16311N 17011N	5/27 - 7/15/11	6:30 - 7:30 pm
16311O 17011O	5/27 - 7/15/11	7:30 - 8:30 pm

EXTREME SPORTS GYMNASTICS

New! Skiing, snowboarding, skateboarding, BMX, Freestyle motocross, rollerblading and many other sports being taken up by the "X-Games" generation require more flips, turns and twists than ever before! As the tricks become wilder they also become more dangerous to perform under uncontrolled circumstances. Learn these maneuvers in the safety of our harnesses, mats and foam pits, with qualified instructors, so that you can perfect them out in the world! Foam is fun, concrete hurts.

LOCATION: Sports Academy
AGES: 6 years - Adult
INSTRUCTOR: Allison Sherman and staff
FEE: \$20/\$23 nonresident per session
DAYS/DATES: Fridays, 5/27, 6/10, 6/24, 7/8, 7/22/11
TIMES: 6:30-8:00 pm
PROGRAM #: 11411A, 11411B, 11411C, 11411D, 11411E

SPORTS ACADEMY ACTIVEFUN SUMMER CAMP

New! Keep your child busy and happy this summer at the Sports Academy! Our week-long camps provide a half-day (morning or afternoon) or full-day option. Utilizing inflatable equipment, foam pits, mats, gymnastics apparatus and sports equipment, your child will have so much fun they won't even know they got so much exercise. Let us fill your child's day with fun games, sports, and activities appropriate to his/her age group, with two advanced groups for kids wanting more focused athletic development in the same fun environment.



There will be three different levels for you to choose from:
 (A) ActiveFun Camp: kid yoga, sports games, arts and crafts, bounce, foam pit and gymnastics time.
 (B) ActiveFun Camp Advanced: All ActiveFun camp activities plus some additional sports development break-outs.
 (C) ActiveFun Camp Elite: All ActiveFun camp activities plus more focused sports development and sports specific training.

LOCATION: Sports Academy of Victor
AGES: 5 years and older
INSTRUCTOR: Sports Academy Staff
TIMES: Half day- 8:30 am - 1:00 pm
 Full day- 8:30 am - 5:30 pm
FEE: (A) Camp- Half day \$75/85 nonresident
 (A) Full day- \$110/\$120 nonresident
 (B) Advanced- Half day \$100/\$110 nonresident
 (B) Full day- \$135/\$145 nonresident
 (C) Elite- Half day \$135/\$145 nonresident
 (C) Full day- \$175/\$185 nonresident

DATES:	FULL DAY	HALF DAY
6/27 - 7/1/11	13511A1, B1 or C1	13511A1H, B1H or C1H
7/4 - 7/8/11	13511A2, B2 or C2	13511A2H, B2H or C2H
7/11 - 7/15/11	13511A3, B3 or C3	13511A3H, B3H or C3H
7/18 - 7/22/11	13511A4, B4 or C4	13511A4H, B4H or C4H
7/25 - 7/29/11	13511A5, B5 or C5	13511A5H, B5H or C5H
8/1 - 8/5/11	13511A6, B6 or C6	13511A6H, B6H or C6H
8/8 - 8/12/11	13511A7, B7 or C7	13511A7H, B7H or C7H
8/15 - 8/19/11	13511A8, B8 or C8	13511A8H, B8H or C8H
8/22 - 8/26/11	13511A9, B9 or C9	13511A9H, B9H or C9H
8/29 - 9/2/11	13511A10, B10 or C10	13511A10H, B10H or C10H

Teen Programs

PREPARE FOR PROM DANCE CLASS



Want to learn some moves before the prom? This program will introduce you to all of the tools that you need to be confident at your prom. Many basic steps will be taught for fast dancing as well as the slow songs too! If you are lacking confidence in you dancing skills this is the class for you.

LOCATION: Victot Parks and Recreation
INSTRUCTOR: Stephnie Storey
AGES: Students going into 10 - 12 grades
DAY/DATE: 5/7 & 5/14/11
TIME: 10:30 am - 12:00 noon
FEE: \$25/\$30 nonresidents
PROGRAM # 18511A

PRE LICENSING 5 HOUR COURSE

This is the required 5-hour course for first-time drivers or those with expired or revoked licenses. Applicants must have a valid learner's permit at the time of registration, and must pre-register. **IMPORTANT...at the time of registration, please be ready to provide the following required information: Proper name (no nicknames), full address, birthdate, color of eyes and permit number. You must also bring your permit to class with you.** Bring a sandwich and beverage, if you wish. Maximum class size is 20.

LOCATION: Victor Parks and Recreation
AGES: 16 years old and hold a valid learners permit
INSTRUCTOR: Lawrence Associates Agency Inc
DAY/DATES Wednesday, (A) 6/15 & (B) 8/17/11
TIME: 3:30 - 8:30 pm
FEE: \$39/\$42 nonresident
PROGRAM # 50211A 50211B

DEFENSIVE DRIVING/POINT REDUCTION CLASS

Save 10% on your auto insurance and up to a 4 point reduction on your license if eligible. This informative 6-hour course has no test or required reading. Review traffic laws, your roles and responsibilities as the driver, and learn defensive driving techniques.

This course is approved by the NYS Department of Motor Vehicles and the NYS Department of Insurance.

LOCATION: Victor Parks and Recreation
AGES: 16 years and older with a valid drivers license
INSTRUCTOR: Lawrence Associates Agency Inc
DAY/DATES Tuesday & Thursday, (A) 6/14 & 6/16/11
(B) 8/16 & 8/18/11
TIME: 6:00 - 9:00 pm
FEE: \$39/\$42 nonresident
PROGRAM # 50111



ADVENTURE CLUB

Come and join the adventure club for a meeting. Take part in adventurous activities of your choice. Adventures forming for summer 2011, call Steve for current schedule. Next meeting 5/19, 2:15 - 3:00 pm, If you are able to attend or have any questions call Steve at 742-0143.

LOCATION: Victor Junior High Library
AGES: 12 - 18 years old
INSTRUCTOR: Steve - Victor Parks and Recreation Staff
FEE: By activity
May- Scuba, Saturday 5/14/11
May- Horseback Riding, Sunday 5/22/11
June- Go-Karting, Friday 6/3/11
July- Niagara Falls, Maid of Mist, Saturday 7/9/11
Aug- Old Forge Campout/White Water Rafting, 8/13-8/14/11
DATE: 5/19/11 - Meetings are third Thursday of month in Junior High Library
TIME: 2:15 - 3:00 pm
PROGRAM #: 41511

VOLUNTEER PROGRAM

Registration deadline May 20, 2011.

This leader-in-training program is designed to provide teens with on-the-job experience working with our day camp programs. T-shirts are provided. Interview Process, if selected a copy of Immunization Record & Health Form must be filled out By 6/15/11.

LOCATION: VCS TBA.
AGES: Must have completed 8th Grade!!!
INSTRUCTOR: VPR Staff
FEE: No charge
DATES: 7/5 - 8/5/11 (Training Thursday, 6/30/11)
DAYS: Monday - Friday
TIMES: 9:00 am - 4:00 pm
PROGRAM#: 13411

Summer Trips



GO-CARTING AT MINNEHAN'S

Big and small alike can drive!! Hit a few in the batting cages, play a round of mini golf or climb in the ball pit. Bring extra money for lunch, snacks and video games, (or bag lunch)

LOCATION: Meet the Bus at Victor Parks and Recreation
AGES: K - 8 Grade
INSTRUCTOR: VPR Staff
FEE: \$25/\$30 nonresident
TIME: 9:00 am - 4:00 pm
DATE: Monday, 8/8/11
PROGRAM#: 19811A

MOVIE AND BOWLING

What is more fun than catching a movie with friends and then going bowling for that perfect game? We'll catch a movie in the morning then go bowling in the afternoon.

LOCATION: Meet the Bus at Victor Parks and Recreation
AGES: K - 8 Grade
INSTRUCTOR: VPR Staff
FEE: \$25/\$30 nonresident
TIME: 9:00 am - 4:00 pm
DATE: Tuesday, 8/9/11
PROGRAM#: 19811B

ROSELAND WATER PARK

Come and join us for a full filled day of splashing around at Roseland Water Park. We will be riding the slides, catching some waves in the wave pool and having all sorts of fun. Bring extra money for lunch, snacks and games. (Please no bagged lunches, we must purchase lunch in the park)

LOCATION: Victor Parks and Recreation
AGES: 2 - 8 Grade
INSTRUCTOR: VPR Staff
FEE: \$30/\$33 nonresident
TIME: 9:00 am - 4:00 pm
DATE: Wednesday, 8/10/11
PROGRAM#: 19811C

LETCHWORTH STATE PARK

Enjoy a trip to one of the states finest parks in the region. We will spend the day swimming and enjoying the park. Please be sure to bring a lunch for our picnic lunch in the park

LOCATION: Victor Parks and Recreation
AGES: 2 - 8 Grade
INSTRUCTOR: VPR Staff
FEE: \$17/\$22 nonresident
TIME: 9:00 am - 4:00 pm
DATE: Thursday, 8/11/11
PROGRAM#: 19811D

DARIEN LAKE

Come and join us for a full filled day at one the best amusement parks around!! Bring extra money for lunch, snacks and games.

LOCATION: Victor Parks and Recreation
AGES: 2 - 8 Grade
INSTRUCTOR: VPR Staff
FEE: \$35/\$40 nonresident
TIME: 9:00 am - 6:00 pm
DATE: Friday, 8/12/11
PROGRAM#: 19811E



Tennis Programs

SPRING TENNIS INSTRUCTION - JUNIOR AND ADULT

Dave Strebel, USPTA Pro, will coordinate the programs and his staff will be teaching it. Dave has been a Rochester area Tennis Pro for 40 years and a Certified USPTA teaching professional for 35 years. He was named New York State Tennis Coach of the Year in 1994. Players may sign up for the Monday through Friday programs with rain make-ups the following week.

(Participants may sign up for this program immediately)

LOCATION: Victor High School Tennis Courts
AGES: 6 & over (Junior and Adult)
INSTRUCTOR: Dave Strebel, USPTA Pro and assistants
FEE: \$90/\$100 nonresident
DAYS: Saturdays
TIMES: 1:30 - 3:00 pm
DATES: 4/30 - 6/11/11 (no class 5/28)
PROGRAM #: 79311

ADULT THURSDAY MORNING TENNIS INSTRUCTION AT FISHERS PARK

See above for description. (Participants may sign up for this program immediately)

LOCATION: Fishers Park, Tennis Courts
AGES: 18 years and older
INSTRUCTOR: Dave Strebel, USPTA Pro and assistants
FEE: \$90/\$100 nonresident
DAYS: Thursdays
TIMES: 10:00 - 11:30 am
DATES: 5/5 - 6/9/11
PROGRAM #: 79311A



INDIVIDUAL TENNIS INSTRUCTION

Participant receives a one on one tennis lesson.

LOCATION/DATES: Call Dave to make arrangements (585) 697-7766
AGES: 4 years and older
FEE: \$60/hour lesson (one time introduction fee)

JUNIOR TENNIS INSTRUCTION - Day Time Sessions (5 classes)

See description for Spring Tennis Instruction left.

LOCATION: Victor High School Tennis Courts
AGES: 5 to 18 years old
INSTRUCTOR: Dave Strebel, USPTA Pro and assistants
FEE: (A, C, D, E, F, G) \$75/\$85 nonresident
(B only) \$60/\$70 nonresident

DAYS: Monday - Friday

TIMES: 1:00 - 2:30 pm

DATES PROGRAM #:

6/27 - 7/1/11 17211A

7/5 - 7/8/11 17211B

7/11 - 7/15/11 17211C

7/18 - 7/22/11 171211D

7/25 - 7/29/11 17211E

8/1 - 8/5/11 17211F

8/8 - 8/12/11 17211G

JUNIOR AND ADULT TENNIS INSTRUCTION Wednesday Evening Session (6 classes)

See above for description.

LOCATION: Victor High School Tennis Courts
AGES: 5 years and older (Juniors and Adults)
INSTRUCTOR: Dave Strebel, USPTA Pro and assistants
FEE: \$90/\$100 nonresident

DAYS: Wednesdays

TIMES: 6:00 - 7:30 pm

DATES: 7/6 - 8/10/11

PROGRAM #: 17111H

JUNIOR AND ADULT TENNIS INSTRUCTION Saturday Morning Session (6 classes)

See above for description.

LOCATION: Harley School, (Indoor Tennis Courts) 1981 Clover Street

AGES: 5 years and older (Junior and Adult)

INSTRUCTOR: Dave Strebel, USPTA Pro and assistants

FEE: \$156/\$166 nonresident

DAY/TIMES: Saturdays, 10:00 - 11:30 am

DATES: 7/9 - 8/13/11

PROGRAM #: 17111I

JUNIOR AND ADULT TENNIS INSTRUCTION Sunday Afternoon Session (6 classes)

See above for description.

LOCATION: Harley School, (Indoor Tennis Courts) 1981 Clover Street

AGES: 5 years and older (Junior and Adult)

INSTRUCTOR: Dave Strebel, USPTA Pro and assistants

FEE: \$156/\$166 nonresident

DAYS: Sundays

TIMES: 3:00 - 4:30 pm

DATES: 7/10 - 8/14/11

PROGRAM #: 17111J

Tennis Programs



USA JUNIOR TEAM TENNIS - COMPETITION PROGRAMS

This program provides competition and match play. The program is targeted for juniors and adults that have some experience playing matches and want to become comfortable with full court match play. FUN -damentals, fair and equal play, and positive coaching will be emphasized. It is a great chance for the advanced beginners to low intermediates to experience match play situations.

USA JUNIOR TEAM TENNIS - YOUTH

DATES: 7/8 - 8/12/11 (8/12 Party: competitions, prizes, refreshments - Time: 1:00 - 4:00pm)
LOCATION: Harley School, (Indoor Tennis Courts) 1981 Clover Street
AGES: 7 - 14 years old, advanced beginners to intermediate levels
INSTRUCTOR: Dave Strebel USPTA Pro and Staff
FEE: \$120/\$130 nonresident
DAYS: Fridays
TIMES: 12:45 - 3:00pm
PROGRAM #: 17111K

MATCH PLAY FOR INTERMEDIATE AND ADVANCED PLAYERS

DATES: 6/30 - 8/11/11
LOCATION: Harley School, (Indoor Tennis Courts) 1981 Clover Street
AGES: 5th - 8th graders, J.V., Varsity, College and Adult players
INSTRUCTOR: Dave Strebel USPTA Pro and Staff
FEE: \$140/\$150 nonresident
DAYS: Thursdays
TIMES: 6:00 - 8:00 pm
PROGRAM #: 17111L

JV and VARSITY PRE-SEASON TENNIS CAMP

Come and get an early jump on the girl's tennis season! The class will include basic tennis fundamentals with the emphasis on simple tactics in singles and doubles. General conditioning will also be part of this program.

DATES: 8/8 - 8/12/11
LOCATION: Harley School, (Indoor Tennis Courts) 1981 Clover Street
AGES: J.V. and Varsity players
INSTRUCTOR: Dave Strebel USPTA Pro and Staff
FEE: \$100/\$110 nonresident
DAYS: Monday - Friday
TIMES: 3:00 - 5:00pm
PROGRAM #: 17111M



LITTLE RACKETS

Does your little one love to swing your Tennis Racket? This program may be right for your budding Roger, Serena or Maria! Rain make-ups take place the following week.

LOCATION: Victor High School Tennis Courts
AGES: 3 - 5 years old
INSTRUCTOR: Dave Strebel, USPTA Pro and assistants
FEE: (A, C, D, E, F, G) \$75/\$85 nonresident
(B only) \$60/\$70 nonresident
DAYS: Monday - Friday
TIMES: 1:00 - 2:30pm
DATES **PROGRAM #:**

6/27 - 7/1/11	17111A
7/5 - 7/8/11	17111B
7/11 - 7/15/11	17111C
7/18 - 7/22/11	17111D
7/25 - 7/29/11	17111E
8/1 - 8/5/11	17111F
8/8 - 8/12/11	17111G

Golf Programs

GOLF PROGRAM FOR PEE WEES: (AGES 4 - 6)

Ravenwood Golf Club, PGA/LPGA Instructor

Encouragement and exposure to the great game of golf starts with this program at Ravenwood's Victory Golf Academy. The focus on this class is to introduce golf in a friendly, relaxed environment while covering fundamentals, an introduction to technique, course care, and proper etiquette. Allow Rochester's Premier Teaching Staff at Ravenwood, led by PGA Director of Instruction Paul Sanders, to introduce golf to your child. Each student will receive personal attention during each discussed topic and parental supervision is encouraged during each class.

DAYS: Tuesdays & Wednesdays

TIME: 10:00-11:00 am

FEE: \$49/\$54 nonresident

DATES PROGRAM #

7/12 & 7/13/11 13211A

7/26 & 7/27/11 13211B

8/9 & 8/10/11 13211C

VICTORY DAY JUNIOR CAMP (AGES 7 - 15 BEGINNER TO ADVANCE)

Ravenwood Golf Club, PGA/LPGA Instructor

Sign up early for any of the Victory 4-day Junior Camps offered at Ravenwood this summer as they do fill quickly! The camp is 4 hours in length over 4 days and offers instruction daily and one supervised play day on the course. The camp provides each student with the opportunity to learn more about the game of golf as each program curriculum covers: rules, course care, proper etiquette, player responsibilities, golf swing fundamentals, techniques for specific shots both in the short game and the long game.

AGES: 7 - 15 years old

DAYS: Monday thru Thursday

TIME: 8:00 am-12:00 pm

FEE: \$149/\$159

DATES PROGRAM#:

6/27 - 6/30/11 13211D

7/18 - 7/21/11 13211E

8/15 - 8/18/11 13211F

WEDNESDAY YOUTH GOLF IN JULY - PAR 36

Come and play 9 holes. Bring your own clubs. Dress for the weather. Players must be able to hit the ball at least 100 yards. Prior experience on a par 36 course is highly recommended. All players should meet us at the course.

LOCATION: Victor Hills Golf Course

AGES: 11 - 15 years old

INSTRUCTOR: VPR Staff

FEE: \$15 /\$18 nonresident **per day**

DAYS: Wednesday

TIME: 2:00 - 5:00 pm

DATES PROGRAM #:

7/6/11 10211A

7/13/11 10211B

7/20/11 10211C

7/27/11 10211D

THURSDAY YOUTH GOLF IN JULY

Come and play 9 holes. Bring your own clubs or borrow equipment from the Parks and Recreation Department. Dress for the weather. Please note under additional information if you need to use the town's equipment. All players should meet us at the course.

LOCATION: Victor Hills Golf Course (Executive Course)

AGES: 8 - 15 years old

INSTRUCTOR: VPR Staff

FEE: \$12/\$15 nonresident **per day**

DAYS: Thursday

TIME: 9:00 am - 12:00 pm

DATES PROGRAM #:

7/7/11 10211E

7/14/11 10211F

7/21/11 10211G

7/28/11 10211H



YOUTH GOLF IN AUGUST

Come and play 9 holes. Bring your own clubs or borrow equipment from the Parks and Recreation Department. Dress for the weather. Please note under additional information if you need to use the town's equipment. All players should meet us at the course.

LOCATION: Victor Hills Golf Course (Executive Course) and Winding Creek Golf Course

AGES: 8 - 15 years old

INSTRUCTOR: VPR Staff

FEE: \$12/\$15 nonresident **per day**

DAYS: Monday - Friday

TIME: 9:00 am - 12:00 pm

DATES PROGRAM #

Monday, 8/8 - Victor Hills 10211I

Tuesday, 8/9 - Victor Hills 10211J

Wednesday, 8/10 - Victor Hills 10211K

Thursday, 8/11 - Winding Creek 10211L

Friday, 8/12 - Winding Creek 10211M

Golf Programs

AUBURN CREEK YOUTH CAMPS

Instruction takes on many forms, including demonstration, practice drills, skills challenges, competition for prizes, and on course play for Birdie and Eagle camps. In case of inclement weather, call Auburn Creek at 924-7570 one-half hour before scheduled class time to receive information regarding class cancellation. Please note that there are no make-ups for classes missed for personal reasons.

PAR CAMP

This program is great for the beginning golfer, with basics of grip, swing, putting, chipping, club selection, scoring, rules, and etiquette will be covered, includes mini-golf. 8 hours total

LOCATION: Auburn Creek Golf, 7331 Route 251, Victor

AGES: 7 - 10 years old

INSTRUCTOR: Auburn Creek Golf Instructors

FEE: \$85/ \$95 nonresident
(loaner clubs available if needed)

DAYS: Monday - Thursday

DATES	TIME	PROGRAM #:
6/27 - 6/30/11	10:00 am - 12:00pm	18611A
7/11 - 7/14/11	1:00 - 3:00 pm	18611B
7/18 - 7/21/11	10:00 am - 12:00 pm	18611C
7/25 - 7/28/11	1:00 - 3:00 pm	18611D
8/8 - 8/11/11	10:00 am - 12:00 pm	18611E
8/15 - 8/18/11	1:00 - 3:00pm	18611F

BIRDIE CAMP

For the beginning and/or intermediate golfer; with 3 days of instruction at Auburn Creek and 1 day at a 9 hole course in Victor . Fundamentals will be refreshed and improvements swing to mechanics, putting, sand play will be covered. The on course instruction will take place at Victor Hills or Winding Creek Executive courses. 12 hours total

LOCATION: Auburn Creek Golf, 7331 Route 251, Victor

AGES: 9 - 16 years old

INSTRUCTOR: Auburn Creek Golf Instructors

FEE: \$140/ \$150 nonresident (loaner clubs available if needed)

DAYS: Monday - Thursday

DATES	TIME:	PROGRAM #
6/27 - 6/30/11	1:00 - 4:00 pm	18611G
7/11 - 7/14/11	9:00 am - 12:00 pm	18611H
7/25 - 7/28/11	9:00 am - 12:00 pm	18611I
8/1 - 8/4/11	9:00 am - 12:00 pm	18611J
8/8 - 8/11/11	1:00 - 4:00pm	18611K



EAGLE CAMP

Junior golfers with experience will improve with 2 days of instruction at Auburn Creek and 2 days instruction at a 9-hole course in Victor. Instruction will focus on swing mechanics, putting, and sand play. Course strategy will be coached. The on course instruction will be at Victor Hills East and Winding Creek courses. 12 hours total

LOCATION: Auburn Creek Golf, 7331 Route 251, Victor

AGES: 9-16 years old

INSTRUCTOR: Auburn Creek Golf Instructors

FEE: \$155/ \$165 nonresident (loaner clubs available if needed)

DAYS: Monday - Thursday

DATES	TIME	PROGRAM
7/4 - 7/7/11	9:00 am - 12:00 pm	18611L
7/18 - 7/21/11	1:00 - 4:00 pm	18611M
8/1 - 8/4/11	1:00 - 4:00 pm	18611N
8/15 - 8/18/11	9:00 am - 12:00pm	18611O

ADULT FULL SWING LESSONS (16 YEARS AND OLDER)

Ravenwood Golf Club, PGA/LPGA Instructor

These programs are for men & women of all playing abilities, and are guaranteed to improve your score. Participants will use an IZZO training aid and receive a customized instructional booklet during the session.

Confused by all the terms and concepts you read about or see on TV regarding the golf swing? Allow Rochester's Premier Teaching Staff at Ravenwood, lead by PGA Director of Instruction Paul Sanders, help you with your pursuit to improve and understand what it is in your swing that needs fixing! Each student will receive personal attention, an individual diagnosis, a "PLAN" for correction and practice drills that will put you on the road to better golf. Hitting better tee shots, fairway woods, hybrids, and irons are the focus in this class.

DAY: Tuesday
TIME: 6:00-8:00 pm
FEE: \$90/95 nonresident
DATES **PROGRAM #**
 5/17 & 5/24/11 13311AA
 6/7 & 6/14/11 13311BB

Golf Programs

ADULT SHORT GAME LESSONS (16 YEARS AND OLDER)

Ravenwood Golf Club, PGA/LPGA Instructor

These programs are for men & women of all playing abilities, and are guaranteed to improve your score. Participants will use an IZZO training aid and receive a customized instructional booklet during the session.

The focus on this class will be on shots within 50 yards of the green. Topics covered include: putting, chipping, pitching, lob shots, bunker play and proper club selection by using a simple "ABC" Process around the green. If you take only one class this year, make sure it is this one - Lower Scores Guaranteed!

TIME: 6:00 - 8:00 pm

FEE: \$90/\$95 nonresident

DAY/DATES PROGRAM #:

Thursday, 5/19 & 5/26/11 13311C

Friday, 6/10 & 6/17/11 13311D

WOMEN ONLY FULL SWING LESSONS (18 YEARS AND OLDER)

Ravenwood Golf Club, PGA/LPGA Instructor

These programs are designed for women of all playing abilities, ages 18 and up. Techniques discussed will cover specific problem areas for women and ways to overcome them. Golf fundamentals will also be covered to ensure future improvement. Participants will use an IZZO training aid during the session and receive a customized instructional booklet.

TIME: 9:00 - 11:00 am

FEE: \$90/\$95 nonresident

DAY/DATES PROGRAM #:

Tuesday, 5/3 & 5/10/11 13311E

Thursday, 6/9 & 6/16/11 13311F

WOMEN ONLY SHORT GAME LESSONS (18 YEARS AND OLDER)

Ravenwood Golf Club, PGA/LPGA Instructor

These programs are designed for women of all playing abilities, ages 18 and up. Techniques discussed will cover specific problem areas for women and ways to overcome them. Golf fundamentals will also be covered to ensure future improvement. Participants will use an IZZO training aid during the session and receive a customized instructional booklet.

TIME: 9:00 - 11:00 am

FEE: \$90/\$95 nonresident

DAY/DATES PROGRAM #:

Thursday, 5/5 & 5/12/11 13311G

Tuesday, 6/7 & 6/14/11 13311H



BEGINNERS CLASSES (16 YEARS AND OLDER)

Ravenwood Golf Club, PGA/LPGA Instructor

Do you want to begin the great game of golf? Here is your chance to learn in a relaxed atmosphere from one of the area's most experienced teaching staffs. We will cover topics such as making a tee time, driving a golf cart, equipment overview and a full tour of all the facilities. Clinic and practice time will also be part of this program. We will start from the very beginning by covering how to hold the club, the proper stance and posture, and working our way into the swinging motion. Don't miss another day! These classes are for anyone ages 16 and over.

DAY: Saturday

TIME: 1:30-3:30 pm

FEE: \$90/\$95 nonresident

DATES PROGRAM #:

5/14 & 5/21/11 13311I

6/11 & 6/18/11 13311J

BEGINNER LESSONS

This 4-week class will progress through game fundamentals including etiquette, grip, stance, swing and club selection with woods and irons. If needed, loaner clubs are available at no charge. 4 1-hour sessions

LOCATION: Auburn Creek Golf, 7331 Route 251, Victor

AGES: 17 years and older

INSTRUCTOR: Auburn Creek Golf Instructors

FEE: \$70/\$80 nonresident

DAYS: Mondays, Tuesdays, Wednesdays or Saturdays

DATES TIME PROGRAM #:

5/2, 5/9, 5/16, 5/23/11 5:30 - 6:30 pm 13711A

5/3, 5/10, 5/17, 5/24/11 6:30 - 7:30 pm 13711B

5/4, 5/11, 5/18, 5/25/11 5:30 - 6:30 pm 13711C

5/7, 5/14, 5/21, 5/28/11 9:00 - 10:00 am 13711D

INTERMEDIATE LESSONS

This 4-week class is for golfers with some formal instruction or golfing experience. Class will focus on mental preparation, swing development, driving and short game skills (putting, chipping and sand play). If needed, loaner clubs are available at no charge. 4 1-hour sessions

LOCATION: Auburn Creek Golf, 7331 Route 251, Victor

AGES: 17 years and older

INSTRUCTOR: Auburn Creek Golf Instructors

FEE: \$70/\$80 nonresident

DAYS: Mondays, Tuesdays, Wednesdays or Saturdays

DATES/TIME: (E) 5/2, 5/9, 5/16 and 5/23/6:30 pm - 7:30 pm

(F) 5/3, 5/10, 5/17 and 5/24/5:30 pm - 6:30 pm

(G) 5/4, 5/11, 5/18 and 5/25/6:30 pm - 7:30 pm

(H) 5/7, 5/14, 5/21 and 5/28/10:00 am - 11:00 am

PROGRAM#: 13711E, 13711F, 13711G, 13711H

AUBURN CREEK ADULT LESSONS

In case of inclement weather, call Auburn Creek at 924-7570 one-half hour before scheduled class time to receive information regarding class cancellation. Make-up classes will be held the same day and time the following week. Please note that there are no make-ups for classes missed for personal reasons.

Adult Programs

AEROBIC AND WEIGHT TRAINING WORKOUT

Come join our fitness experts for a total body approach to fitness. This is a year round program. Wear comfortable clothes, sneakers and a smile and get ready to get that heart pumping! Participants must register and purchase a convenient and economical "Fitness Pass" for all aerobic programs. Fitness passes can be purchased in the Parks and Recreation office.

Class walk-ins are welcome as well.

LOCATION: Victor Parks & Recreation

AGES: Open to all

INSTRUCTOR: Julie Vanderstyne, AFAA CERTIFIED

Lo, Circuit, Step, Slide and Body Sculpting (Babysitting included)

DAYS/TIMES: M-F 9:00 - 10:00 am- until 6/24/11

8:00 - 9:00 am - starting 6/27/11

Sat. 8:00 - 9:00 am- Inline Bench

(last Sat. class 6/18/11 - resumes in the fall)

Low Impact

DAYS/TIMES: M, W, F 7:00 - 8:00am

Fitness Pass: Adults 18 - 54 yrs Students & Seniors

(4) Class Pass \$24 \$21

(8) Class Pass \$44 \$38

(16) Class Pass \$64 \$56

(32) Class Pass \$88 \$78

Walk-In Fee: \$8 (all classes)

Nonresident Fee: \$10 per session (May - August)

PROGRAM #: 2011-2

EVENING CLASSES - HIGH/LOW, STEP, SLIDE AND BODY SCULPTING

Come join our fitness experts for night classes. Workout three nights a week and come Saturday mornings for your four day a week workout session. Pre-registration is required.

LOCATION: Victor Parks and Recreation

AGES: Open to all

INSTRUCTOR: Julie Vanderstyne, AFAA CERTIFIED

FEE: \$88/\$98 nonresident

DATES: Session 1 - 4/25 - 6/18 (8-weeks/32 classes - with Saturdays)

Session 2 - 6/20 - 9/1 (11-weeks/32 classes - No Saturdays - Closed on July 4th)

DAYS/TIMES: M, W, TH (6:30 - 7:30pm) and Sat. (8:00 - 9:00am)

PROGRAM #: Session 1 - 2011-2A

Session 2 - 2011-2B

PREVENTING KNEE INJURIES THROUGH THE SPORTSMETRICS PROGRAM

New! Victor Physical Therapy and Cincinnati Sports Medicine and Orthopaedic Center have combined to offer the Sportsmetrics program! A fitness program designed to improve the participants overall performance and reduce the risk of injury. Mike Carpin, PT, MPT, owner of Victor Physical Therapy, has trained to be a Certified Clinical provider for Cincinnati Sports Medicine and Orthopaedic Center's, nationally acclaimed Sportsmetrics™ program. Scientifically proven to help reduce knee injury and improve performance in sports that involve cutting, pivoting, and jumping, this 14 session course (2 times per week for 6 weeks, 1-pre, and 1-post session) is designed for all ages, but is recommended for adolescent

men and women interested in improving their level of performance at whatever sport they play. The program includes both upper and lower body flexibility, strength, and balance activities designed to help reduce injury and improve performance. Participants will receive pre- and post-session analysis of performance measures. Space is limited as the program requires professional, individualized supervision. Sign up now and get ready to be challenged!

LOCATION: Victor Parks and Recreation

AGES: 13 - 18 years old

INSTRUCTOR: Mike Carpin, PT, MPT

DAY/DATE: Tuesdays & Thursdays, 7/5 - 8/18/11

TIMES: 4:00 - 5:30 pm

FEE: \$300/\$310 nonresident

PROGRAM #: 13011

MORNING YOGA

Yoga will let you grow in new ways. We will cover primary poses, principles of good posture and movement, and explore the journey toward meditation and the Self that yoga can inspire. Participants should bring a Yoga sticky mat and blanket. Yoga bolsters will be provided. All levels welcome.

LOCATION: Butler Cabin, MaryFrances Bluebird Haven

AGES: 16 years and older

INSTRUCTOR: Lynn Klei

FEE: \$40/\$50 nonresident

Student and Senior \$10 Discount

DAYS: Wednesdays and Fridays

TIMES: 8:00 - 9:00 am

DATES: (A) 6/1 - 6/29/11

(B) 6/3 - 7/1/11

PROGRAM #: 19611A, 19611B

YOGA

Yoga will let you grow in new ways. We will cover primary poses, principles of good posture and movement, and explore the journey toward meditation and the Self that yoga can inspire. Participants should bring a yoga sticky mat and blanket. Yoga bolsters will be provided. All levels welcome.



LOCATION: Butler Cabin, MaryFrances Bluebird Haven

AGES: 16 years and older

INSTRUCTOR: Laurie Kuhns, RYT

FEE: \$48/\$58 nonresident for one day per week

\$86/\$96 nonresident for two days per week

Student and Senior \$10 Discount

DAYS: Tuesdays and/or Thursdays

TIMES: 5:30 - 6:30 pm

DATES: (C) Tuesdays, 5/24 - 6/28/11

(D) Thursdays, 5/26 - 6/30/11

(E) Tuesdays, 8/2 - 9/6/11

(F) Thursdays, 8/4 - 9/8/11

PROGRAM #: 19611C, 19611D, 19611E, 19611F

Adult Programs

2 FOR SUCCESS SMORGASBORG!



It takes 30 days to start a new habit and break an old one! They also say you get more success when you do it with a friend!! This is a one price for two! Bring a friend for 4 weeks to 3 classes of your choice each week. That's 12 workouts for you and a friend! You can choose from spin, Str3ngth, kickboxing, kettlebell, yoga, pilates, Bosu, Awesome abs and Zumba! Check out the schedule online at str3ngth.com.

For more information, contact Str3ngth Personal Training Staff at (585) 924-1540.

LOCATION: Str3ngth - The Underground
AGES: All ages
INSTRUCTOR: Str3ngth Staff
FEE: \$48/\$53 nonresident - total 12 classes for two people
DAYS/TIME: You choose from our class schedule!
LOCATION: Str3ngth - The Underground
PROGRAM #: 15111

KETTLEBELL

Our beginner and intermediate kettlebell class burns fat, increases flexibility, agility, and mobility using core muscles. The CIA, horse riders, professional athletes, and people all over use kettlebells to improve their fitness.

LOCATION: Str3ngth - The Underground
AGES: 13 years and older
INSTRUCTOR: Tony
FEE: \$50/\$55 nonresident - 6 classes
DATES: Ongoing, all classes expire 8/31/2011
DAYS/TIME: Tuesdays (7:00 - 7:45 pm)
Sundays (9:15 - 10:00 am)
PROGRAM #: 12811A

PILATES

This fitness method is designed to streng-then and tone the core muscles (abdominals, lower back, buttocks and thighs), creating a long, lean appearance and improve posture. Graceful, controlled movement is the emphasis. Individuals of any fitness level can enjoy benefit from this mat work out. Often individuals feel taller and more graceful after the first class!

LOCATION: Str3ngth - The Underground
AGES: 13 years and older
INSTRUCTOR: Stephanie Harvey
FEE: \$45/\$50 nonresident - 5 classes
DATES: Offered continually, all classes expire 08/31/2011
DAYS/TIME: Thursdays (5:30 - 6:10 pm)
PROGRAM #: 11111

BOOTCAMP

Our Personal Training Boot Camp is geared to everyone! Class participants range in age from 18 to 70 and are at ALL fitness levels. As a Boot Camp 'enlistee' you will receive the following:

- One-on-one startup session with a Certified Personal Trainer. This session will include an initial health assessment and evaluation; you will also receive a tailored cardio and nutrition prescription geared toward your lifestyle and goals.
- A 6-week journal for tracking cardio, nutrition, strength training workouts and overall progress during your personal transformation.
- 12 group Personal Training sessions where you will strength train 2 times per week

We expect your commitment, discipline and the heart to want to transform yourself. If you have the desire to change your life, we will give you the motivation and strategy to do so! YOU can expect great team support and bonding during your Boot Camp experience; there is an incredible dynamic in transformation together!

LOCATION: Str3ngth - The Underground
AGES: 13 and older
TRAINERS: Dylan Chase CPT/Joanne Wilson CPT
FEE: \$150/\$155 nonresident
DATES: Ongoing, for 6 weeks
DAYS/TIME: Mondays (6:15-7:15 pm)
Thursdays (6:15-7:15 pm)
Saturdays (9:00-10:00 am)

(Participants pick two classes per week for 6 consecutive weeks)

PROGRAM #: 12811

X-SPINNING

This class uses X-Bikes from Matrix, which provide both an upper and lower body cardio workout that is suitable for all fitness levels. Enjoy an indoor cycling journey that will challenge you while motivating instruction guides you through interval training at varying degrees of speed and resistance. Only Str3ngth - The Underground has this specialized equipment in all of Rochester and the surrounding area!

LOCATION: Str3ngth - The Underground
AGES: 13 years and older
INSTRUCTOR: Dylan Chase, JoAnne Wilson, Charlene Teague, and Meredith Ferraro
FEE: \$45/\$50 nonresident - total of 5 classes
DATES: Ongoing, all classes expire 08/31/2011
DAYS/TIME: Mondays, 6:00 - 6:30 pm
Tuesdays, 6:00 - 6:30 am
Wednesdays, 6:00 - 6:30 pm
Thursdays, 6:00-6:30 am
Thursdays, 9:00 -9:45 am
Saturdays, (9:00-10:00 am)

PROGRAM #: 11111B

Adult Programs

PERSONAL TRAINING

Athletes preparing for competition have long used Personal Trainers. Movie stars use Personal Trainers to keep them shapely and fitting in their Oscar gowns. But the people who benefit most from personal training are ordinary men and women seeking to function better in everyday life. If you want to lose weight, regain flexibility, develop speed or just simply feel good again, personal training will work for you. Expect results. Transform yourself. As Certified Personal Trainers, we can help you with body fat reduction, weight management, body shaping and toning. We will help you set realistic goals and provide you with the guidance and knowledge to accomplish them. Our Personal Training clients range in age from 13 to 86!

LOCATION: Str3ngth - The Underground
AGES: 13 years and older
TRAINERS: Str3ngth Personal Trainers
FEE: \$145/\$150 nonresident
DATES: 3 sessions
DAYS/TIME: Set to meet your schedule
PROGRAM #: 11111C

ZUMBA

Join the fitness party! Zumba combines easy to follow moves and melodic beats of Latin music with the intensity of an aerobic workout. Zumba is fun, fun, fun!

LOCATION: Str3ngth - The Underground
AGES: 13 years and older
INSTRUCTOR: JoAnne Wilson
FEE: \$45/\$50 nonresident - total of 5 classes
DATES: Ongoing
DAYS/TIME: Wednesday, 6:15 - 7:00 pm
Saturdays, 10:15-11:00 am
PROGRAM #: 11111A

KICKBOXING

This class combines martial arts style kicking and punching to upbeat music to work out all of your muscles including your heart! This class is for ALL fitness levels - it can be as intense as YOU choose it to be. In addition to kicking, we will utilize resistance bands to give your muscles a good pump, followed by lower body and abdominal mat work. The end of this journey is a relaxing and rejuvenating yoga inspired stretch.

LOCATION: Str3ngth - The Underground
AGES: 13 years and older
INSTRUCTOR: Charlene Teague, CPT
FEE: \$45/\$50 nonresident - total of 5 classes
DATES: Ongoing, all classes expire 08/31/2011
DAYS/TIME: Mondays, 9:30 - 10:30 am, Wednesdays, 9:30-10:30
or Fridays, 9:30-10:30 am
PROGRAM #: 11111D

NORDIC WALKING TOUR

Come try out the new sport of Nordic walking as we work our way around Boughton, Dryer, Powder Mill, Durand and Mendon Ponds Parks on a 1-hour long guided hike with poles! We will provide the tools and the instruction you need to get started in this high-energy sport! Learn how you can burn up to 40% more calories during your walk. A fitness exercise suitable for all! Instructor will call or email you directions.

AGES: Ladies 18 years and older
INSTRUCTOR: Julie Doyle, Adventure Out
FEE: \$10/\$13 nonresident per class (minus \$5 if you have poles)
\$18/\$23 nonresidents for two days
\$40/\$50 nonresidents for all five days
DAY: Tuesdays and Fridays

LOCATION	TIME	DATE	PROGRAM #
Mendon Ponds	9:15 am	5/6/11	12411A
Dryer Road Park	9:15 am	5/10/11	12411B
Boughton Park	9:30 am	5/24/11	12411C
Durand Park	9:30 am	5/27/11	12411D
Mendon Ponds	9:15 am	6/10/11	12411E

LEARN TO ROW

Always wanted to jump in a boat and to see what all the hype is about rowing - well now is your chance! Our adult learn to row program is geared towards those who simply wish to learn something new and fun, to those seeking introduction to recreation or the competitive world of racing. Rowing is a great way to get fit or stay in shape. It is low impact - easy on the joints - yet provides a full workout while tuning the mind/body connection. We row on the scenic Erie Canal out of the Pittsford Boat House.

NEW TO ROWING

AGES: 18 years and older
INSTRUCTOR: Julie Doyle, Adventure Out
FEE: \$200/\$210 nonresident
DAY/TIME: Wednesdays and Fridays/9:30am - 11:15am
DATES: 5/11, 13, 18, 20, 25, 27, 6/1, 3, 8, 10
PROGRAM #: 11911A

EXPERIENCED ROWERS

AGES: 18 years and older
INSTRUCTOR: Julie Doyle, Adventure Out
FEE: \$240/\$250 nonresident
DAY/TIME: Tuesday and Thursday, 9:30am - 11:45am
DATES: 5/10, 12, 17, 19, 24, 26, 31, 6/2, 7, 9, 14, 16/11
PROGRAM #: 11911B

Adult Programs

ADULT MARTIAL ARTS



The United Martial Arts Center's Intro to Martial Arts program is a four-week course that will promote growth in every area of your life. Over the course of your study, you will progressively learn skills that will allow you to identify, respond and take control of a situation when the need arises. In addition to learning valuable self-defense techniques, you will identify positive changes in your life immediately. You will gain a greater level of self-confidence and perseverance. Relationships with family, friends and significant others grow and mature. Personal goal setting is also developed and practiced in our adult martial arts programs and can radically change your life. The study of martial arts is a great way to improve your health, strength, flexibility and cardiovascular endurance. Stress levels diminish and relaxation takes its place. The mind, body and spirit will come together to form the body that we were all meant to appreciate in our lives. **FREE UNIFORM INCLUDED!**

LOCATION: United Martial Arts Center, 160 School St.

AGES: 15 years and older

INSTRUCTORS: Sensei Dave Kalish & Staff

FEE: \$125 / \$135 nonresident

DATES: Open Enrollment (Intro. Class includes: twice a week for 4-weeks)

DAYS: Monday - Saturday

TIMES: Call 924-7450 for times

PROGRAM #: 17311A

TAKE STOCK IN THE MARKET



Investing in stocks can be easier than you think. The key is understanding long-term strategies for success. That's what you can learn at Edward Jones' upcoming seminar. The Take Stock in the

Market seminar will explain basic stock terminology, as well as time-proven strategies created to help you reach your financial goals. Better yet, the program takes only an hour, which makes sense in itself.

LOCATION: Victor Parks and Recreation

AGES: Open to Everyone

INSTRUCTOR: David Green, Financial advisor for Edward Jones in Victor

FEE: \$5/\$7 nonresident

DATES: 5/16/11

DAY: Monday

TIME: 6:30 - 7:30 pm

PROGRAM #: 18411

RETIREMENT INCOME PLANNING SEMINAR FREE

This workshop is for individuals within 10 years of retirement or recently retired. Learn how to plan income from your portfolio so that your money will last longer than you do. We will discuss and give examples of asset allocation, time horizon, and money management. This class will explain different types of investment and insurance products such as Mutual Funds, Annuities, CD's, Life Insurance, Long Term Care, and Reverse Mortgages. You have

probably spent your entire career building up your assets. Now let them work for you.

LOCATION: Victor Parks and Recreation

AGES: Adults 18 years and older

INSTRUCTOR: John Summers

DAY/DATE: Wednesday, 5/25/11

TIME: 7:00 - 9:00 pm

PROGRAM#: 18111A

MAXIMIZE YOUR ELIGIBILITY FOR COLLEGE AID

John Summers from Summers Financial Services, Victor will be teaching a hands on approach to understanding "the game" of financial aid. This unique seminar will teach parents how to maximize their eligibility. Don't be fooled by the myth that you can't qualify for aid because of your income. Learn proven strategies, avoid costly mistakes which eliminate or reduce aid for your child. Find out what really determines your expected family contribution for college. Everyone who attends will receive all application forms, booklets, and guides needed to apply for college financial aid. We will also discuss the 10 best ways to save for your child's college education, and its impact on qualifying for financial aid. This will cover 529 plans, Coverdell savings plans, Roth IRA's, EE & I bonds, Gifts to Minors (UGMA's, UTMA's) Annuity's, Life Insurance, 401K's and Home Equity's. How much college will cost and why you should start saving now.

LOCATION: Victor Parks and Recreation

AGES: Parents of children in grades 7-12

INSTRUCTOR: John Summers

FEE: \$10 per family

DAY/DATE: Thursday, 5/19/11

TIME: 7:00 - 9:00 pm

PROGRAM #: 18111B

LONG TERM CARE PLANNING

Have you given thought about how you will pay for long term care in the future? This workshop will answer questions and get you started on how to plan for nursing home care, long term in home care, assisted living, and adult day care. Planning now can be a wise move to protect your hard earned assets. Everyone attending will receive a guide to buying Long Term Care Insurance, Medicaid and Medicare explanations. The government even allows you tax deductions now to plan for this future cost. There are several things you can do in advance to position yourself for the care you may need. Costs in the Finger Lakes region range from \$105,000-\$146,000 per year for nursing home care. Half of all Americans over the age of 65 will need some form of long term care. Do not put your estate at risk

LOCATION: Victor Parks and Recreation

AGES: Adults 18 years and older

INSTRUCTOR: John Summers

FEE: \$8

DAY/DATE: Tuesday, 5/24/11

TIME: 7:00 - 9:00 pm

PROGRAM #: 18111C

Adult & Senior Programs

FOOD PRESERVATION: CANNING, FREEZING AND DRYING

New! This forgotten culinary art is back! Tough economic times call for a different approach to feeding your family. Whether you are a beginner or advanced chef, you can experience the pleasure of this great low-cost way of putting up your own harvest and making your own healthy, convenience food - you'll know what's in your food because you prepared it. We will learn how to conveniently, preserve fruits - jams, jellies, butters; putting up vegetables, legumes, fruits, sauces, herbs, fruit juice, pie filling, pesto, meat, game and much more, using water bath canners, pressure canners, food dehydrators and your freezer. We will take a look back at how our grandmothers preserved food, and new, easy ways to cut corners preserving food in your busy kitchen. We'll have lots of fun, sample some tastings, take a look back at the history of food preservation, share recipes, present gift-giving ideas and prepare creations to take home. Get your girlfriends or family to enjoy the classes together, passing on these time-honored culinary skills. Then later plan your own food preservation group event to 'put up' your favorite foods together. Cost includes recipes, samples, tastings, class instruction **Sign up for 4 classes and receive your own Canning Textbook.** You'll quickly make up your class fee in the savings you will realize when you put these skills to work this summer.

4 Classes include:

- Class #1 Canning - What supplies do I need? Food prep. How-to. Demo. Tastings.
- Class #2 Pressure Canning
- Class #3 Freezing
- Class #4 Dehydration, and what's new in food preservation.

Lianna Houck Proprietor and Chef at Desired Haven Bed and Breakfast, W. Bloomfield. Lianna has spent over 40 years in the kitchen, hosting culinary classes or preparing complete Country Gourmet breakfasts for her guests at the inn. She offers elegant presentation rarely found today - china, crystal, silver, linens. Guests rave about her delicious, unique menus, that include many food offerings grown and preserved at the inn. She has catered countless small events and especially loves cooking for family and friends.

LOCATION: Victor Parks and Recreation

AGES: 12 and up, beginner or advanced.

INSTRUCTOR: Lianna Houck

TIME: 1:30 - 3:30 pm

FEE: \$25/\$28 nonresident per individual class or \$89/\$99 nonresident for all 4 classes

INSTRUCTOR: Lianna Houck

DAYS/DATES	PROGRAM #
Thursday, 7/7/11	12111A
Thursday, 7/14/11	12111B
Thursday 7/21/11	12111C
Wednesday, 7/27/11	12111D or all 4 classes 12111E
Tuesday, 7/26/11	12111F
Tuesday, 8/2/11	12111G
Tuesday, 8/9/11	12111H
Tuesday, 8/16/11	12111I or all 4 classes 12111J

SPRING SENIOR GOLF LEAGUE AT VICTOR HILLS

This is a six-week league. Players must be at least 52 years old. Play will be on the executive course. Tee times start at 9:30 am. There will be an end of the league lunch on the last day.

Sign up as a single or as a twosome. (Carts are available for \$5/person each day.) Nonresidents may sign-up immediately for this program.

LOCATION: Victor Hills Golf Course (Executive Course)

AGES: 52 years and older (coed)

FEE: \$54/\$59 nonresident

DATES: 5/10 - 6/14/11 (rain make-up 6/21)

DAYS: Tuesday

TIME: 9:30 am

PROGRAM #: 15311



SUMMER SENIOR GOLF LEAGUE AT VICTOR HILLS

This is a six-week league. Players must be at least 52 years old. Play will be on the executive course. Tee times start at 9:30 am. There will be an end of the league lunch on the last day.

Sign up as a single or as a twosome. (Carts are available for \$5/person each day.)

LOCATION: Victor Hills Golf Course (Executive Course)

AGES: 52 years and older (coed)

FEE: \$54/\$59 nonresident

DATES: 7/12 - 8/16/11 (rain make-up 8/23)

DAYS: Tuesday

TIME: 9:30 am

PROGRAM #: 15311A

EXERCISE FOR SENIORS - INCLUDING SILVER SNEAKERS AT NO CHARGE

Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movements, and activity for daily living skills. Hand held weights, elastic tubing with handles, and a ball are offered for resistance, and a chair is used for seated and/or standing support. For more information, contact Str3ngth Personal Training Staff at (585) 924-1540.

LOCATION: Str3ngth - The Underground

AGES: 55 years and older

INSTRUCTOR: Str3ngth Staff

FEE: \$40/\$45 nonresident - total of 5 classes
Silver Sneakers participants - Free!

DAYS/TIME: Tuesday, 10:30 - 11:15 am, Thursday, 10:30-11:15 am

PROGRAM #: 13911

Senior Programs

WINDMILL FARM AND CRAFT MARKET

Join us as we travel to the Windmill Farm and Craft market located in the heart of the Finger Lakes Wine Region. The Windmill is the first and friendliest farm and craft market in upstate New York. Beginning with roughly 100 vendors, The Windmill serves as an outlet for local producers and craftsmen. There is sure to be something for everyone here. Transportation included in fee. Lunch will be on your own.

LOCATION: Depart Victor Parks and Recreation
AGES: 55 years and older
FEE: \$5/\$10 nonresident
DAY/DATES: Saturday, 6/4/11
TIME: 11:00 am - 4:00 pm
PROGRAM #: SR611A

"OUT TO LUNCH" BUNCH

Join us once a month as we take a break from life and enjoy lunch. We will be visiting local restaurants that surround Rochester! You cover your lunch fee and we'll worry about the transportation. Sign up fast space is limited.

LOCATION: Depart Victor Parks and Recreation
AGES: 55 years and older
FEE: \$5/\$8 nonresident

DAY/DATES	TIME	LOCATION	PROGRAM#
Friday, 5/27/11	11:30 am - 1:30 pm	Fratelli's Italian Restaurant	SR511L
Friday, 6/24/11	11:30 am - 1:30 pm	Brown Hound Bistro	SR611L
Friday, 7/22/11	11:30 am - 1:30 pm	Castaways	SR711L
Friday, 8/26/11	11:30 am - 1:30 pm	Aladdin's Pittsford	SR811L

ROCHESTER PUBLIC MARKET TRIPS

The warm weather is finally here! Join us in enjoying all that the Rochester Public Market has to offer. You will be able to stock up on fresh vegetables, fish, breads and much, much more. Come enjoy the ride and have some fun shopping! Transportation is included.

LOCATION: Depart Victor Parks and Recreation
AGES: 55 years and older
FEE: \$5/\$8 nonresident

DAY/DATE	TIME	PROGRAM#
Thursday, 5/12/11	9:00 am - 1:00 pm	SR511P
Thursday, 6/9/11	9:00 am - 1:00 pm	SR611P
Thursday, 7/7/11	9:00 am - 1:00 pm	SR711P
Thursday, 8/11/11	9:00 am - 1:00 pm	SR811P

SENIOR MINIATURE GOLF LEAGUE

Last years miniature golf league was so successful we are teeing up for a second round. Put your best putting game forward as we head to Auburn Creek Golf Course located in Victor. The league will close with a picnic lunch after the final day!

LOCATION: Auburn Creek Golf Course,
7331 Victor Mendon Road (251)
AGES: 55 years and older
FEE: \$20/\$25 nonresident
DAY/DATE: Tuesdays, 6/7/11- 6/28/11 (4 weeks)
TIME: 10:00 am
PROGRAM: 18211

TRAVEL TO GENESEE COUNTRY VILLAGE AND MUSEUM

Join us as we travel to the Genesee Country Village and Museum where history lives! Explore over 40 furnished building faithfully restored to their original glory. On this day there will be a Re-enactment of the War of 1812. Don't miss this unique experience. Trip includes transportation and admission. Lunch will be on your own.

LOCATION: Depart Victor Parks and Recreation
AGES: 55 years and older
FEE: \$14/\$17 nonresident
DATE: 6/25/11
DAY: Saturday
TIME: Depart 9:00 am, return at 4:00 pm
PROGRAM#: SR611C

SENIOR LUNCHEONS

Join us for our monthly senior luncheons at Victor Parks and Recreation. We will enjoy great food and good company each month as well as a form of entertainment. There is no charge but we do ask that you bring a non perishable food item to donate to the Victor Farmington Food Cupboard. You must pre-register by calling out office, 742-0144 or 742-0140. If you must cancel please contact us so we can fill your spot.

DAYS/DATES
Wednesday, 7/13/11 Summer is here so come celebrate. We will provide a cool refreshing lunch.
Wednesday, 8/17/11 Mexican Fiesta is the theme for this luncheon!

SAM PATCH LUNCH CRUISE

We will enjoy a lunch cruise on the Sam Patch the cruise departs from Schoen Place in the Port of Pittsford, NY. We travel west just over a mile on the legendary Erie Canal arriving at Lock 32 at Clover Street and then head back. Trip price includes the cruise and a boxed lunch. For an extra price you may choose transportation from Victor Parks and Recreation to Pittsford.

LOCATION: Depart Victor Parks and Recreation
AGES: 55 years and older
FEE: (A) No transportation- \$23/\$25 nonresident
(C) Including transportation- \$28/\$30 nonresident
DAY: Wednesday
DATES: 7/20/11
TIME: 11:15 am- 2:15 pm if using the Parks and Recreation Van
11:45 am if you meet us at Schoen Place
PROGRAM #: SR711A, SR711C

INTRODUCTION TO COMPUTERS

Come learn the Introduction to Computers will teach you the basics of learning how to operate your computer. From turning on and off the computer to opening programs. Classes are on Mondays (not every Monday) at 10:30 call to register, there is a \$2 fee per class.

Senior Programs

CORNING MUSEUM OF GLASS

We will be taking another trip down to the Corning Museum of Glass. This trip will include transportation and self-guided tour of the museum and you will be able to sand blast your own piece of glass to take-home. The museum also has live demonstrations all day of glass making such as Hot Glass Blowing. Cost of lunch will be on your own.

LOCATION: Depart Victor Parks and Recreation
AGES: 55 years and older
FEE: \$25/\$30 nonresident
DATE: 7/27/11
DAY: Wednesday
TIME: Depart 10:00 am, return at 5:00 pm
PROGRAM#: SR711B

LILAC FESTIVAL AT HIGHLAND PARK

Over 500 varieties of lilacs cover 22 of Highland Park's 155 acres. Rochester's famous Lilac festival is a lavish array of flowers, attractions and special events that signal the arrival of spring. Join us for a day to view the sites and enjoy the vendors and music that the festival has to offer us. Transportation is included and lunch will be on your own.

LOCATION: Highland Park, meet at Victor Parks and Recreation
AGES: 55 years and older
FEE: \$7/\$10 nonresident
DATE: 5/21/10
DAY: Saturday
TIME: Depart 11:00 am, return at 4:00 pm
PROGRAM#: SR511

50s WEEK! JUNE 13 - 17

MONDAY, 6/13/11

Join us at Parks and Recreation for 50's trivia. Come test your knowledge on all you know about the 50's.

WEDNESDAY, 6/15/11

Bring your favorite 50's dish to share with friends at Parks and Recreation. Feel free to dress up for this event in your favorite 50s outfit.

THURSDAY CONCERT WITH ELVIS! 6/16/11

Come join us down at Mead Square Park for a night with Elvis and Friends. There will be a tent set up for you to enjoy.

SENIOR TRIPS

Listed below are our senior trips for 2011. Sign up for one, or as many as you like. Please include payments for any you are registering for. If you would like more info on any trips please stop by our office for a flyer or give us a call and we will be happy to send out an informational trip flyer.

- Friday, 6/10/11 Matinee performance of Rumors at the Cortland Repertory Theater followed by lunch at the Community Restaurant and a stop at New Hope Mills Store in Auburn, NY \$80 per person
- Wednesday, 8/10/11 Passage aboard the Barbara S Wiles a US Mailboat cruise delivering mail on Skaneateles Lake during Pirates Day! Lunch served at the Sherwood Inn. Don't miss this great trip. \$82 per person
- Tuesday, 10/1/11 MYSTERY TRIP!!!! A great trip planned but we can't tell you details or it would not be a mystery trip. \$69 per person

SKIP BO

Come join the fun of playing this easy to learn card game. Everyone is welcome whether you're an experienced player or it's your first time. Cards and coffee will be provided, just come show up for the fun!

LOCATION: Victor Parks and Recreation
AGES: 55 years and older
FEE: Free
DAY: Every Tuesday afternoon
TIME: 1:00 pm

THURSDAY EUCHRE CLUB

Come join our group of card players whose game is euchre. Lots of fun with old friends and friends you have yet to make! No need to bring anything. We will even make the coffee.

LOCATION: Victor Parks and Recreation
AGES: 55 years and older
FEE: Free
DAY: Every Thursday afternoon
TIME: 1:00 pm

FRIDAY MORNING PINOCHLE

Lots of fun with great people every Friday morning. Come by for a competitive game of cards. No need to bring anything. We will even make the coffee.

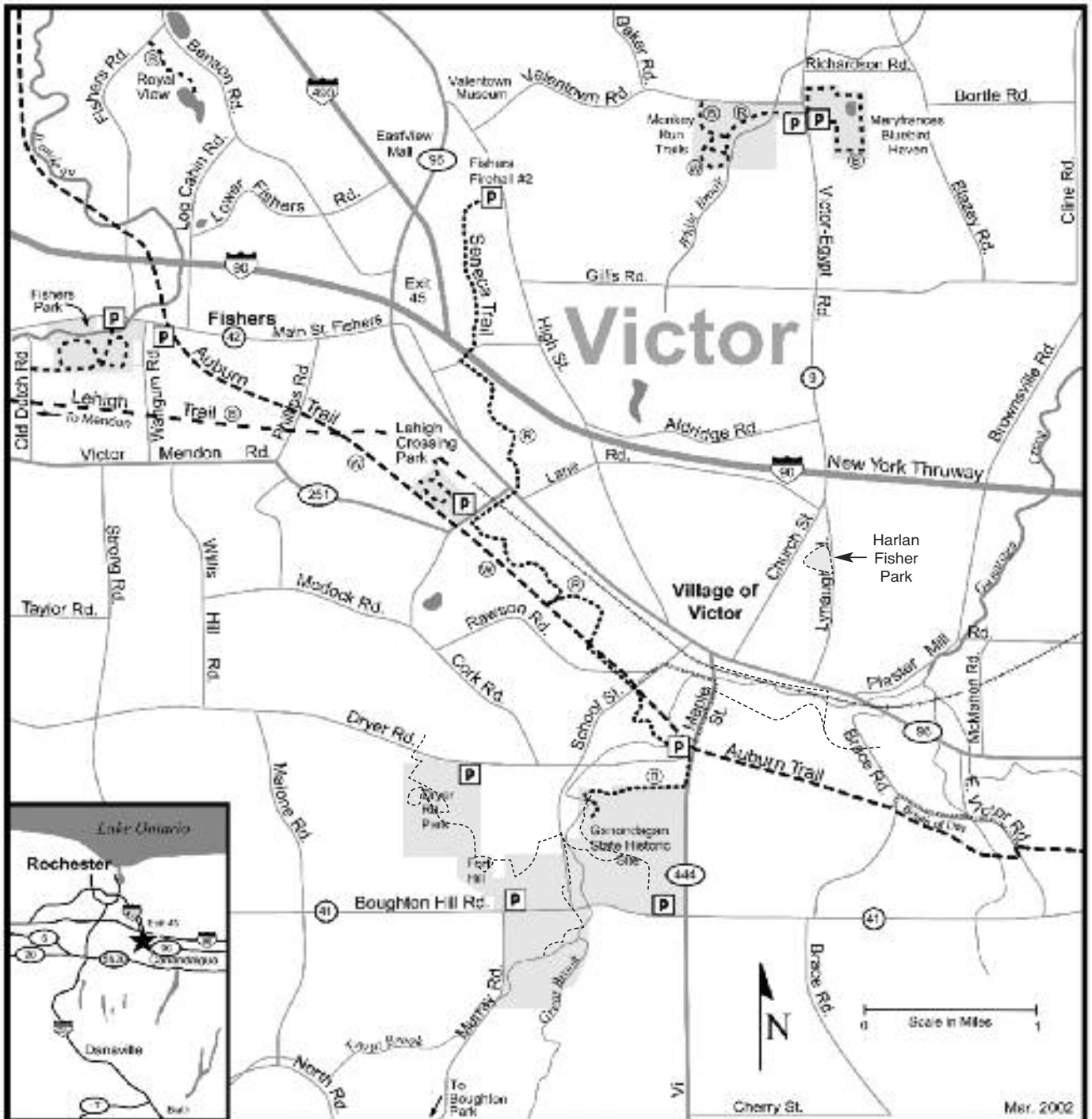
LOCATION: Victor Parks and Recreation
AGES: 55 years and older
FEE: Free
DAY: Every Friday morning
TIME: 9:30am

WALKING CLUB

Take time to enjoy the beautiful trails in Victor. Enjoy nature, the weather, friends, and become physically fit at the same time. The group will meet and walk each Friday. The schedule is listed below. The walk is subject to weather. Wear comfortable shoes and bring a rain jacket or umbrella. Please consult with your physician before signing up for this program.

AGES: Adults 55 years and older
FEE: \$5
DATES/LOCATION: 6/17/11, Mary Frances Bluebird Haven, meet at the front parking lot
7/8/11, Auburn Trail, meet at Mickey Finn's parking lot
7/22/11, Auburn Trail, meet at Fishers Firehouse #, Main Street Fishers
8/5/11, Lehigh Trail, meet at Old Dutch Rd Trailhead Parking
TIME: 10:00 - 11:00 am
DATES: Fridays
PROGRAM #: 12411

Parks Information



- P** Parking
- Ⓡ** Red Blazed or Marked Trails
- Ⓢ** White Blazed or Marked Trails
- Ⓣ** Blue Blazed or Marked Trails
- - - Hiking Trails
- Bike Detour

+ Please Stay on Trails
 + Use Trails at Your Own Risk
 + Leave no Trash

Victor Hiking Trails, Inc.
 85 East Main St.
 Victor, NY 14564
 (685) 234-8226
www.victorhikingtrails.org

Victor Parks & Recreation
 1290 Blossom Drive
 Victor, NY 14564
 742-0140
www.victoryny.org

Parks Information

Auburn Trail

The Town received Transportation Enhancement Program (TEP) grants totaling \$2.3 million dollars for the design and construction of this multi-use trail. Construction is slated to continue through 2011. Project activities include: stonedust surfacing of the entire trail, restoring a stone arch culvert in Fishers, providing way finding and interpretive signage along the trail, establishing several parking areas, constructing plazas at key interest points and providing literature about the trail.

Boughton Park

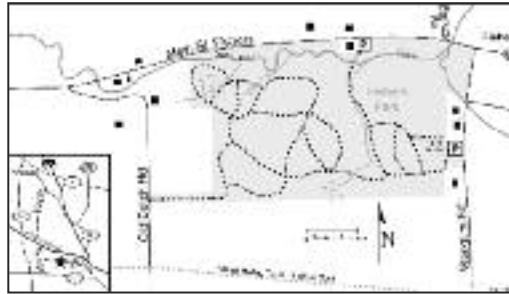
Located in the Town of East Bloomfield, Boughton Park is owned by Victor, East Bloomfield, and West Bloomfield. Run by an independent Board of Directors with representation from all three towns, the park covers 330 acres with 56 acres of ponds. Permits for the park can be obtained at Victor Town Clerks office, 85 East Main Street. Please bring proof of residency. The permits are free to Victor Residents.

Dryer Road Park

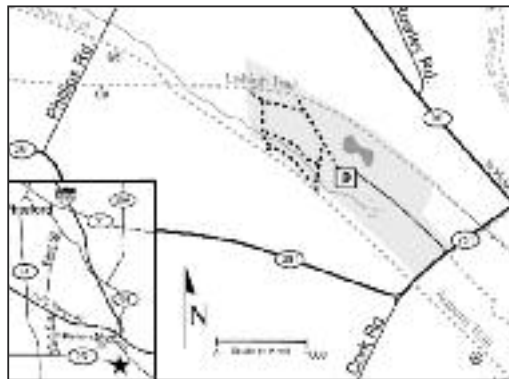
This 132 – acre park is the site of athletic fields and a box sports rink. There is a multi – age playground for children, year – round restrooms facilities, and a picnic shelter, which is available for casual use or reservation. There are 15 miles of multi-use trails for a variety of skill levels and abilities. Please sign in at the trailhead kiosk and pick-up a trail map prior to setting out to explore the trails. On the web at www.mygroc.com.

Fishers Park

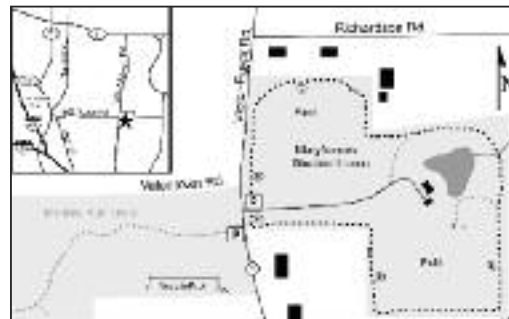
Located in the hamlet of Fishers, this 93 acre park is a diversity of passive and active recreation opportunities. Visitors can see a multitude of wildlife from deer, squirrels, and other woodland creatures to waterfowl and trout that spawn in the spring. Two tennis courts are available for the tennis players in your family. The extensive trail system is a great place to hike. Trails meander through the park across wooded ridges, through wetland areas, and along the banks of Irondequoit Creek. New acreage off Old Dutch Road provides you with many new trails with beautiful vistas. The extensive trail system is a great place to hike, snowshoe or cross – country ski.



FISHERS PARK



LEHIGH CROSSING PARK



MARYFRANCES BLUEBIRD HAVEN

Lehigh Crossing Park

Lehigh Crossing Park is located off of Victor – Mendon Road (State Route 251) near Cork Road and Route 96. This 54 – acre park plays host to several miles of multi – use trails and features a recently constructed ten vehicle parking area and gazebo. With woods, wetlands and ponds located within this passive park, numerous birds, waterfowl and critters find this park an exceptional place to call home. Bring binoculars!

Lehigh Valley Trail

This newly improved trail has a stonedust surface, which is suitable for hiking, running, biking, snowshoeing and cross country skiing. The Town's portion of the former Lehigh Valley Railroad corridor is approximately two miles in length and travels from the Auburn Trail Connection at Phillips Road to the Victor-Mendon town line. There are convenient parking areas located at road crossings. The Town and Victor Hiking Trails completed construction of a pedestrian and bicycle bridge on the former Lehigh Valley Railroad trestle at Phillips Road in November 2007. This new feature will enable trail users to enter the rear of Lehigh Crossing Park and enjoy its many recreational opportunities.

MaryFrances Bluebird Haven

Located on Victor - Egypt Road (County Road 9), across from the Valentown Road intersection, this living classroom has an emphasis on preservation and restoration of New York State's official bird, the Bluebird. A one- mile trail loop traverses the property through open fields and woods. This trail enables park visitors to see bluebirds in their natural habitat. Recently renovated Butler Cottage is available for family gatherings, parties or business meetings. For reservations, please contact the Department of Parks and Recreation at (585) 742-0140.

Victor Municipal Park

This park was dedicated in June, 2010 and features a multi-age playground, picnic shelter, outdoor fitness stations, stocked fishing pond and trails. Future phases include an enclosed lodge and a special events amphitheatre.

Registration Procedure

How To Register

Resident Registration Begins: May 2, 2011. Non-resident Registration Begins: May 16, 2011

SEE PAGE 37 FOR REGISTRATION FORM

Please mail completed registration form to:
Victor Parks & Recreation
1290 Blossom Drive
Victor NY 14564

Bring completed forms in person with cash, check, Mastercard or Discover Card during regular business hours. Monday thru Thursday 8:30 am-7:00 pm & Friday till 4:30 pm.

REGISTER EARLY! If a class does not meet its minimum requirements 1 week prior to start date, we will cancel the class

IMPORTANT REGISTRATION TIPS

- Registrations forms may be photocopied.
- Be sure to fill our all information on your form.
- Assume you are enrolled unless you are notified by phone.
- Please sign the waiver on registration form
- We recommend consulting with your physician

PARTICIPANT CODE OF CONDUCT

- We will always strive to provide a place where fun things happen. Should our friends not be able to have fun with others, we will discuss other leisure opportunities.

RETURN POLICY

- There will be a \$15 fee for any returned check.

CANCELLATIONS AND REFUND POLICY

- If a class is cancelled by our department a TOTAL refund will be provided.
- You need to withdraw from a program at least **5 business** days prior to the start of the program, a refund will be issued for the amount minus a \$5 processing fee.
- **No** refunds will be issued once a program has started.

TRANSFER POLICY

- Requests to transfer from one program to another must be made prior to class start date. A \$5 fee will be charged and **MUST** be paid before request is processed.

PROGRAM FEES

- Cash, Checks, Money Orders, MasterCard and Discover are accepted. There is a 2.45% fee or \$1.50 minimum charge for credit cards.

INCLEMENT WEATHER & PROGRAM STATUS INFORMATION

We strive to operate our programs regardless of weather - cancelling is our last resort.

However:

- While most activities will be held despite the weather, schedules may change.
- Should lightning be a potential threat, outdoor activities may be moved indoors or cancelled.
- Department of Parks and Recreation activities operated at Victor Central School District facilities will be cancelled if school facilities are closed.
- **When in doubt about program status, call the Department of Parks and Recreation at (585) 742-0140.** Program supervisors, directors or instructors will provide information about possible make-up dates for cancelled sessions.

DAY CAMP REFUNDS

- Early withdrawals **four weeks** or more before the first day of camp will receive a **full refund**.
- Withdrawals **three weeks** before camps will receive a **75% refund**.
- Withdrawals **two weeks** before camps will receive a **50% refund**.
- Withdrawals **one week** before camps will receive a **25% refund**.
- Withdrawals less than one week before camp will only be granted a refund if the camper is ill or injured. Written refund request, with supporting documentation (doctor's note), must be received within one week of the injury or illness. No refunds are given for missed camp days or trips.



Summer 2011 Registration Form

Please Print

Program Shirt Sizes: YS, YM, YL, AS, AM, AL, AXL

PARTICIPANT NAME	GRADE COMPLETED	BIRTH DATE	SEX	PROGRAM	PROGRAM NAME	T-SHIRT	AMOUNT	2ND CHOICE PROGRAM
		/ /						
		/ /						
		/ /						
		/ /						
		/ /						
		/ /						
		/ /						

Please fill out medical release on page 38 and mail with registration. Registration will not be accepted without it.

HOUSEHOLD INFORMATION

LAST NAME: _____ FIRST NAME: _____

ADDRESS: _____ CITY/TOWN: _____ ZIP _____

Home Phone: _____ Work Phone: _____ Cell: _____

Emergency Contact: _____ Emergency : _____ E-Mail _____

Victor Central School conducts Summer Academy, please write your child(ren) name if participating _____

Special Medical needs? Yes No

If yes please describe: _____

Additional Information: _____

The Town of Victor Parks & Recreation takes pictures in classes for use in future publications. Please contact us, if you do not wish to have your child's photo included in these materials.

WAIVER FOR PARTICIPATION

I HEREBY UNCONDITIONALLY RELEASE THE Town of Victor Parks & Recreation Department from any and all responsibility or liability for any injuries which may be sustained by me or my minor child(ren) in relation to participation in any of the Victor Parks & Recreation programs or activities with the Parks and Recreation Department. I acknowledge that neither myself or my child(ren) suffer from any physical impairments and have no limitations upon engaging in activities with the Parks and Recreation Department. I unconditionally release the Town of Victor and its agents or employees from any and all liability for injuries and understand and acknowledge that the Town of Victor Parks & Recreation Department carries no liability or accident insurance. In the event that my child(ren) is injured, I authorize the party or person in charge of my child(ren)'s activities to seek medical care. I acknowledge and understand that I will be solely responsible to pay the cost of such care. And I further release and hold harmless the Town of Victor and its Parks and Recreation Department for any medical arrangements or care provided myself or my minor child(ren).

SIGNATURE REQUIRED: _____ **DATE** _____

SIGNATURE OF PARENT OR GUARDIAN

PROGRAM FEES: Payable to "Town of Victor"

WE ONLY ACCEPT MASTERCARD & DISCOVER

Method of Payment: Cash _____ Check # _____ MasterCard _____ Discover _____ Total Amount _____

Credit Card No. _____ Expiration Date: _____ Amount: _____

Card Holder Name: _____ Signature: _____

By signing above I agree to pay the Town of Victor for the amount above and understand that a Third Party convenience fee will apply to my transaction in order for the Town of Victor Parks & Recreation to accept payment via credit card. I further agree that such convenience fee shall be billed to my credit card by Nationwide Payment Solutions (NPS) as a separate transaction and equal to 2.45%.

Registration forms can be dropped off at the Victor Parks & Recreation Office located at 1290 Blossom Drive, or mailed to Victor Parks & Recreation, 85 East Main Street, Victor, NY 14564 or faxed to 742-0142. **Please call 742-0140 for more information or visit us at**

www.victorny.org

Resident Registration Begins: May 3, 2010 • Nonresident Registration Begins: May 17, 2010

Camp Medical Release

SUMMER DAY CAMP MEDICAL INFORMATION & RELEASE

LAST NAME _____ FIRST NAME _____

ADDRESS _____

BIRTHDATE ___/___/___ AGE ___ SEX ___ GRADE (completed) _____

PARENT OR GUARDIAN _____

IN CASE OF ILLNESS OR ACCIDENT, WHERE MAY ABOVE PARTICIPANT'S PARENT OR GUARDIAN BE LOCATED?

DAYTIME PHONE (____) _____ EVENING PHONE (____) _____

DENTIST/ORTHODONTIST _____ PHONE (____) _____

FAMILY PHYSICIAN _____ PHONE

(____) _____

DO YOU CARRY FAMILY MEDICAL/HOSPITAL INSURANCE? IF SO PLEASE INDICATE:

CARRIER _____ POLICY/GROUP NUMBER _____

IF YOUR CHILD HAS ANY SPECIAL NEEDS OR ANY ALLERGIES TO MEDICATION, FOOD, INSECT STINGS, ETC. OR IF MEDICATIONS ARE CURRENTLY BEING TAKEN OR NEED TO BE ADMINISTERED DURING DAY CAMP HOURS, PLEASE LIST THEM: _____

IMMUNIZATION RECORD MUST BE RETURNED BY 6/15/11

Affirmation: To the best of my knowledge, the above named person is in good health and in physical condition to be able to participate in the activities for summer day camp.

Emergency Release: In the event of the Town of Victor Parks & Recreation day camp personnel's inability to promptly locate a person herein designated to be notified in case of emergency, day camp staff, hospital authorities, physicians and other emergency care authorities may take such emergency measures as they deem appropriate and shall notify the parent(s) or legal guardian(s) as soon as possible.

PARENT OR GUARDIAN SIGNATURE

Parks & Recreation

MISSION STATEMENT

The Town of Victor Parks and Recreation Department is dedicated to offering residents a balanced system of parklands, preservation of open space, and broad-based leisure opportunities that will foster growth of healthy lifestyles.

SERVING YOUR LEISURE NEEDS

Brian Emelson, C.P.R.P.

Director of Parks and Recreation
(Certified Parks and Recreation Professional)
bemelson@town-victor-ny.us

Michael Stockman, C.P.R.P.

Assistant Director of Parks and Recreation
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Jeremy Flansburg, C.P.S.I.

Parks Maintenance Supervisor
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Tabatha Chastang, C.P.S.I.

Parks Maintenance Assistant

Steve Hendrickson, C.P.R.P.

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srhendrickson@town-victor-ny.us

William Lew, B.S.

Recreation Supervisor
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Marilyn Dewey

Office Manager
mdewey@town-victor-ny.us

PARKS AND RECREATION ADVISORY BOARD COMMITTEE

Daniel DeBruin, Chairperson
Christine Palmiere, Vice Chairperson
Gary Hadden, Village Board Liaison
John Accorso, Town Board Liaison
Greg Richards
Cyndy Rochford
James Andre
Larry Fisher
Edward Gharzouzi, Student Representative

AMERICANS WITH DISABILITIES ACT COMPLIANCE

The Town of Victor Parks & Recreation Department offers programs for all residents regardless of differing abilities. If you have a question or a concern about program accommodations, call us at 742-0140.

Youth Programs funded in part by a reimbursement from the New York State Office of Children and Families served through the Ontario County Bureau.

COMMUNITY SPORTS ORGANIZATIONS

Victor Parks and Recreation does not operate the following programs. However, we know parents are interested in the following names and numbers.

Victor Community Baseball

www.victorbaseball.com or www.victorsofball.com

Victor-Farmington Soccer

Kelly Messier (Recreational Soccer)
www.vfunitied.org

Victor Youth Blue Devils Football

Jeannie Lay
www.victoryouthfootball.com

Victor Swim Club

Christine Thompson
742-3444

Lacrosse

Michael Lambert
mlambert@mlock.com

Girls Lacrosse

John Haggerty
taylorehogan@hotmail.com

Hockey

Tim Maher
924-5366

SportsNet: Inclusive Sports and Recreation Network for People with Physical Disabilities.

SportsNet is sponsored by Rochester Rehabilitation Center. It is about creating opportunities for people with physical disabilities to participate in mainstream sports and recreation activities. If you or someone you know has a physical disability and is interested in participating in exercise, active recreation or sports, please contact: Nancy Steinkamp, SportsNet Manager, 271-2520 ext. 674.

FACILITY RENTALS

Are you looking for a place to hold a party or business meeting? All reservations must be made in person at the Parks and Recreation Office at 1290 Blossom Drive. Please contact us with any questions 742-0140.

LOCATION	CAPACITY	FEE
MaryFrancis Bluebird Haven Cottage	45	\$50 Half day/ \$100 Full day
Dryer Road Park Pavillion	50	\$40 Full Day
Victor Municipal Park	50	\$40 Full Day
PARKS AND RECREATION OFFICE		
Large Multipurpose	105	\$18 per hour
Medium Multipurpose	45	\$14 per hour
Small Group Instruction	30	\$12 per hour
Kitchen	20	\$12 per hour

ADULT

2 for success Smorgasborg.....	28
Adult Martial Arts.....	32
Aerobic and Weight Training Workout.....	27
Bootcamp.....	28
Evening Aerobic Classes.....	27
Experienced Rowers.....	29
Food Preservation: Canning, Freezing, Drying.....	31
Kettlebell.....	28
Kickboxing.....	29
Learn to Row.....	29
Long Term Care Planning.....	30
Maximize your Eligibility for College Aid.....	30
Morning Yoga.....	27
Nordic Walking Tour.....	29
Personal Training.....	29
Pilates.....	28
Preventing Knee Injuries.....	27
Retirement Income Planning Seminar.....	30
Take Stock in the Market.....	30
X-Spinning.....	28
Yoga.....	27
Zumba.....	29

FAMILY

Family Concerts.....	3
Indoor Garage Sale.....	3
Theme Birthday Parties.....	3

AQUATICS

Adult Learn to Swim/Water Safety.....	7
Diving.....	6
Family Swim.....	6
Lap Swimming in the Early AM.....	6
Parent and Me Swim - Under 3 years old.....	7
Red Cross Lifeguard Training.....	6
Swim Lessons.....	6
Tot Swimming.....	7

PRESCHOOL

Are You Ready to Tumble?.....	10
Carry-Over Camp.....	11
Crunch and Munch Art Club Week.....	11
Discovery Days on Location.....	10
Discovery Days with Ms Judy.....	10
Grasshopper & Cricket Camp.....	12
Hi-Five Sports Spring Training.....	8
High Five! Sports Camp.....	8
Lil' Sluggers.....	8
Little Campers.....	9
Little Hitters T-Ball Camp.....	11
Little Quarterbacks Flag Football Camp.....	11
Little Striker Soccer Stars Camp.....	12
Lunch in the Park.....	8

Music together.....	9
Nature and Art.....	8
Pre K Dance Camp.....	11
Pre K Dance Class.....	10
Princess Camp.....	9
Rock, Rythym and Roll.....	8
Sports Squirts Program.....	10
Sporty Sprouts!.....	9
Superhero Camp.....	9
The Backyard Gang.....	11
Tiny Sprouts!.....	8
Yes, Please Junior.....	10

CAMPS

3rd-5th Grade Day Camp.....	5
6th - 8th Day Camp.....	5
K-2 Full Day Camp.....	5
k-2 Half Day Camp.....	5

SUMMER ESCAPEDES CAMP

Advanced Chess Topics.....	14
Beat Your Dad in Chess.....	14
Bubble, Fizz, Pop!.....	14
Chess Basics.....	13
Glogging.....	13
Graphic Design and Transfer Printing.....	13
Math Games.....	13
Origami Math.....	12
Poetry with Pizzazz.....	14
Robotics.....	13
So You Think You can Dance? You Can!.....	13
Technology Based Projects that Wow your Teacher.....	12
The Wonders of Weaving and Textiles.....	14

SPECIAL EVENTS

2nd Annual Gone Fishing.....	2
6th Annual Fat Tire Mountain Bike Festival.....	2
Bike Rodeo.....	1
Dryer In Movie and Family Campout.....	2
Movies at Mead Sq. Park.....	1
National Trails Day.....	2
Plant Sale.....	1
Sid Partington Memorial Concert Series.....	1
Summer Stage 2011.....	2
Summer Stage Jr 2011.....	2
Talk Along the Trails.....	3
VictorFest.....	3

SENIOR

50s Week.....	33
Corning Museum of Glass.....	33
Exercise for Seniors.....	31
Friday Morning Pinochle.....	33
Intro to Computers.....	32
Lilac Festival at Highland Park.....	33

Out To Lunch Bunch.....	32
Rochester Public Market Trips.....	32
Sam Patch Lunch Cruise.....	32
Senior Luncheons.....	32
Senior Miniature Golf League.....	32
Senior Trips.....	33
Skip Bo Cards.....	33
Spring Senior Golf League at Victor Hills.....	31
Summer Senior Golf League at Victor Hills.....	31
Thursday Euchre Club.....	33
Travel to Genesee Country Village and Museum.....	32
Walking Club.....	33
Windmill Farm and Craft Market.....	32

TEEN

Adventure Club.....	20
Defensive Driving Point Reduction Class.....	20
Pre Licensing 5 hour Course.....	20
Prepare for Prom Dance Class.....	20
Volunteer Program.....	20

SUMMER TRIPS

Darien Lake.....	21
Go-Carting at Minnehans.....	21
Letchworth State Park.....	21
Movie and Bowling.....	21
Roseland Water Park.....	21

TENNIS

Adult Thursday Morning Tennis.....	22
Junior and Adult Tennis Instruction.....	22
Junior Tennis Instruction.....	22
Individual Instruction.....	22
Little Rackets.....	23
Spring Tennis Instruction.....	22
USA Junior Team Tennis Competition Programs.....	23

GOLF

Adult Fill Swing Lessons.....	25
Adult Short Game Lessons.....	26
Auburn Creek Adult - Beginner Lessons.....	26
Auburn Creek Adult - Intermediate Lessons.....	26
Auburn Creek Youth Camp - Birdie Camp.....	25
Eagle Camp.....	25
Par Camp.....	25
Beginners Classes.....	26
Golf Program for Pee Wees.....	24
Thursday Youth Golf in July.....	24
Victory Day Junior Camp.....	24

Wednesday Youth Golf in July.....	24
Women Only Full Swing Lessons.....	26
Women Only Short Game Lessons.....	26
Youth Golf in August.....	24

YOUTH

A "Gleeful" Musical Workshop.....	17
Advanced Spring Desserts.....	16
April Showers Bring May Desserts!.....	16
Arts and Crafts Fun Camp.....	16
Circus Fun and Magic.....	18
Dance Camp.....	17
Euro Sports Camp.....	17
Extreme Sports Gymnastics.....	19
Fencing.....	17
Girls Just Want to Have Fun.....	18
Horseback Riding.....	15
Junior Martial Arts.....	15
Learn to Skate.....	15, 18
Little Dragons Martial Arts.....	15
Mountain Bike Adventure for Kids.....	16
NFL Pepsi Punt, Pass and Kick.....	18
Pirates & Princesses.....	17
Red Cross Babysitting Class.....	18
Safe on Your Own.....	18
Scrapbooking Camp.....	18
Sportacular.....	18
Sports Academy Active Fun Summer Camp.....	19
Sports Academy Cheer Tumbling/Gymnastics.....	19
Sweet Taste of Spring.....	16
Yes Please - Let's get Redy for a Party.....	17
Youth Flag Football - Intermediate School.....	16
Youth Flag Football - Junior High School.....	16
Youth Flag Football Camp.....	17
Youth Night for Life: American Cancer Society Fundraiser.....	15
Youth Soccer Camp.....	16

Victor Parks and Recreation
office will be closed
Monday, May 30th
for Memorial Day
and Friday, July 1st and
Monday, July 4th
for Independence Day.